

It's amazing where our walks can lead you.

A guide to the inspirational walks of North East England.



NORTHUMBRIA

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england



Do more in a day - just walk this way.

North East England sweeps south from the beautiful heather-covered hills of Northumberland all the way to the wide green Tees Valley; a rich and diverse region with a heart as large and welcoming as its unspoilt countryside. Here you can walk for a day or a fortnight; experience vibrant city culture or leave it far behind. Imagine yourself as king of the castle - we have more to choose from than any other English region. Discover our proud heritage living on in working museums and fishing villages, majestic city waterfronts and the birthplace of the railway.



Find information on these and a huge choice of other walks in North East England at www.visitnorthumbria.com/walking

Stay a while in a postcard-perfect holiday cottage or enjoy our famous friendliness and hospitality in a luxury hotel or cosy b&b. Treat your eyes and ears to ever-changing international art and music, or, on a gentler note, to the sight of a rare red squirrel and the sound of birdsong in a tranquil wood.

This guide is an introduction to some of the most inspirational walks in North East England, giving you a taste of the many pleasures to be experienced - Northumberland National Park, miles of Heritage Coastline and its Areas of Outstanding Natural Beauty. It is also your gateway to a host of other adventures should you fancy a pleasant diversion from your chosen route. Whatever your age and ability, whether you fancy tackling St. Cuthbert's Way or strolling on the beach with the kids, you'll find easy-to-follow route maps and a wealth of helpful information and advice on the pages to follow. Just walk this way.





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The walks shown in this guide will vary in difficulty and suitability - please refer to more detailed maps for further information on gradient and terrain.

GRADE OF WALKS:

EASY: These routes should pose no problem for any averagely fit person, or for those wishing to cover longer distances on the flat.

NB: Suitable footwear and clothing should be worn as the walks can be wet and muddy in places at any time of the year.

MODERATE: These are ideal walks for intermediate walkers looking for a more challenging route.

STRENUOUS: These are high-level walks with sections which are not suitable for beginners, especially in the winter, and should not be attempted without experience and proper footwear.



Saltburn Gill and Cliff Tops

ROUTE 1

DISTANCE: 13 KM (8 MILES)
GRADE OF WALK: MODERATE
TIME: 3-4 HOURS

STILES ON ROUTE

An incredibly bracing country walk which takes in two nature reserves and breathtaking coastal and hill views. Saltburn's Inclined Tramway and the Victorian pier and beach are all close by, or you can discover the history and legends of the Saltburn Smugglers in the town.

RECOMMENDED ROUTE:

- 1 Starting at the Cat Nab car park, cross the public road and pass the waterworks on the left before reaching a footbridge. Follow a sign directing you into Saltburn Gill Nature Reserve. Cross the stile to follow a path that takes you high above the Gill. Climb steps that lead to two more stiles about 50 metres apart. Cross a footbridge as the pathway runs close to Saltburn Gill.
- 2 Follow the right of way up a slope before emerging into a level open area. When the path divides there is a wooden post in the centre, head to the right on the upper path with gorse bushes on the right-hand side. Pass a nature reserve information board, go through the wooden gate then make your way through the woodland ridge. Follow the path as it bends up an incline to the edge of a field.
- 3 Continue directly ahead towards the houses at the western edge of Brotton. Follow the track round to meet the A174. Turn left up the hill and pass under the railway bridge, to join the High Street with the Methodist Church on the left. Turn right up a flight of steps opposite No. 42. Follow the path which is covered by overhanging trees until you reach playing fields. Keeping left, walk directly ahead through a cemetery until you reach Kilton Lane. Cross the lane and turn right, then left onto Winchester Road.
- 4 Follow the road to the junction with Canterbury Road. Follow a walkway on the left until you catch sight of Guibal Fan House on your left. Cross a road and follow the track that runs gently downhill to pass close to Gripps Farm. The route then veers left around the perimeter of a golf course, then cross the stile to lead to a path close to the fence on the left-hand side. Continue left and over the stile. At the next stile a notice points out Cattersty Gill Nature Reserve, make your way left towards another stile.
- 5 Turn left away from Skinningrove along Cattersty Cliffs, past Guibal Fan House until you reach the metal sculptures. Follow the signs for the Cleveland Way, taking in the breathtaking views, including Roseberry Topping to the left, along the cliff tops towards a stile. Through the stile make your way down some steps and follow the roadway round to the left to reach the starting point at the Cat Nab car park.



MAP KEY:

1 ROUTE START	■ TOWN/VILLAGE
PH PUB	P PARKING
✠ CHURCH	WC WC

POINTS OF INTEREST

- A** Saltburn's Inclined Tramway
- B** Saltburn Miniature Railway
- C** Saltburn Valley Woodland Centre

See pages 56-61 for information on nearby attractions.



"Born under the sign of Pisces, I love being near water but I also cherish hidden away corners of our landscape. This walk weaves both together; the intimacy of Saltburn Gill and Cattersty Sands and the vastness of the North Sea."

ANDY KLIZ, ITV TYNE TEES PRESENTER

TRAVEL & TRANSPORT:

HOW TO GET THERE

From the A19 take the A174 to Saltburn-by-the-Sea.

START/PARKING

Cat Nab car park situated on the lower promenade at Saltburn-by-the-Sea on the A174, signposted Woodland Centre, Miniature Railway and Saltburn Smugglers. OS Map Grid Reference NZ666215

PUBLIC TRANSPORT

To plan your route call 0870 608 2608 or visit www.traveline-northeast.co.uk

EXPLORER MAP OL 26



Egglecliffe, Yarm and Aislaby

ROUTE 2

DISTANCE: 9 KM (5.5 MILES)

GRADE OF DIFFICULTY: EASY

TIME: 2-3 HOURS

STILES ON ROUTE

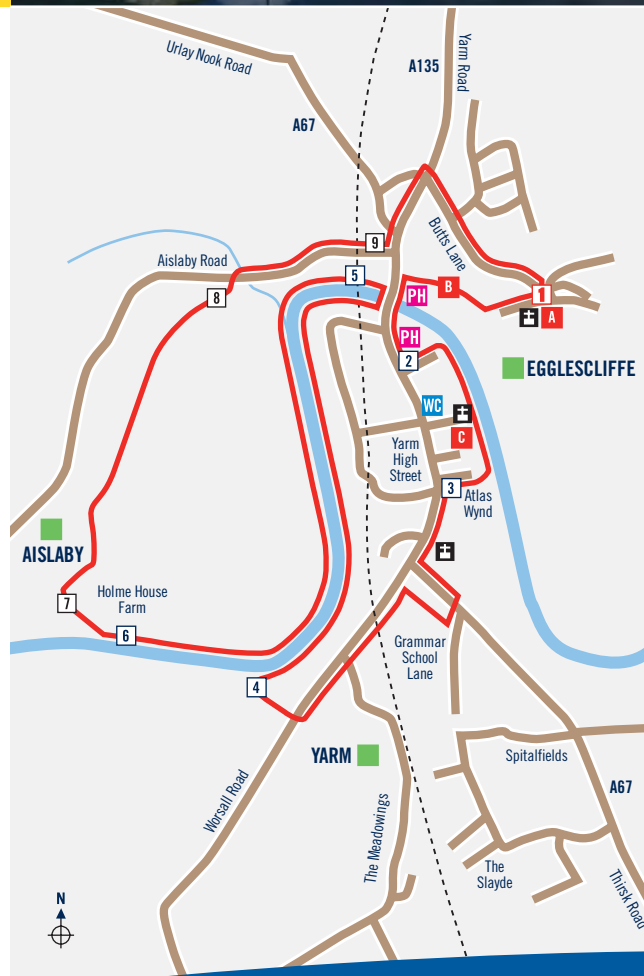
Take in three country villages including a walk through Yarm with its designer boutiques, antique shops and restaurants - there are also some stunning views on this charming riverside walk. Nearby attractions include HM Bark Endeavour in Stockton-on-Tees, the historic Darlington Railway and Museum and river cruises aboard the Teesside Princess.

RECOMMENDED ROUTE:

- 1 Starting from Egglecliffe Church, St John The Baptist, follow the wall to the war memorial bearing right down Stony Bank to join Yarm Road close to the road bridge. The Blue Bell Inn is on the left before crossing Yarm Bridge and continuing along the High Street.
- 2 Pass the Ketton Ox then turn left into Silver Street and continue ahead to the river - turn right and walk along the riverbank. Walk through the new flood defence wall and past the octagonal Methodist Chapel on the right. Continue ahead in front of the riverside apartments then veer right between a wall (on right) and wire fence (on left) to join Atlas Wynd.
- 3 Walk through Atlas Wynd bearing left to the High Street then turn left to pass St Romald's RC Church and follow the bend round to the left. Cross the road at the lights, then turn right and head back over. Follow the road and turn left under the railway bridge onto Worsall Road. Continue up this road and at the top of the bank join the public footpath (on the right) between Nos 34a & 36. This signed public footpath leads downhill between wooden fences to the riverbank.
- 4 Turn right along the riverside footpath, this bit of the route can be muddy in places, before joining the tarmac surface of True Lovers Walk. Continue round the bend as far as the road bridge, rejoin the roadway to cross the river, and then pass through the metal kissing gate before heading down the slope (left).
- 5 Pass under the railway viaduct and follow the riverbank towards the Northumbrian Water

building, bear left towards the river and take in the views of Yarm Church across the river. A metal footbridge crosses Nelly Burdon's Beck and after passing under a row of pylons, the path bends around the riverbank with the chalets of Holme House Wood in front.

- 6 Turn right up a concrete track past Holme House Farm to join the track that runs towards Aislaby Road with evergreens on both sides. Where the roadway dips into a hollow, cross a stile on the right-hand side and follow the wide track way down the slope.
- 7 When the track bends to the right, continue ahead before turning left after about 23 metres across the middle of the field. At the hedgerow turn right, to reach another stile in the bottom left-hand corner of the field. Cross a footbridge over the beck and follow a path directly ahead before turning right over another footbridge.
- 8 Bear left along the edge of the sports field and over stiles next to Aislaby Road. Turn right up Aislaby Road passing Prospect House on the left and cross the railway track to reach the junction with Yarm Road.
- 9 Cross at traffic lights, then turn left up the hill before heading right along Butts Lane. Pass the Church of England Primary School and village hall on left, then follow roadway through to the Green bearing right into Church Road. The starting point at the church is ahead to the right.



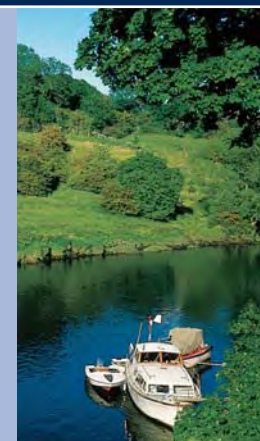
MAP KEY:

- 1 ROUTE START
- PH PUB
- TOWN/VILLAGE
- + CHURCH
- WC WC

POINTS OF INTEREST

- A Egglecliffe Church
- B War Memorial
- C Octagonal Methodist Chapel

See pages 56-61 for information on nearby attractions.



TRAVEL & TRANSPORT:

HOW TO GET THERE

From the A19 or A1 turn onto the A66 towards Stockton, and take the A135 to Egglecliffe.

START/PARKING

Walk starts from Egglecliffe Church, St John The Baptist, (off A135 Yarm Road). Located at the southern end of the village towards the bridge to Yarm. Parking is available near to the church or beside the green. OS Map Grid Reference NZ421131

PUBLIC TRANSPORT

To plan your route call 0870 608 2608 or visit www.traveline-northeast.co.uk

EXPLORER MAP 304

www.visitnorthumbria.com/walking



Guisborough Woods and Highcliff Nab

ROUTE 3

DISTANCE: 10.5 KM (6.5 MILES)
GRADE OF DIFFICULTY: MODERATE
TIME: 2-3 HOURS

STILES ON ROUTE

Get away from it all with a forest ramble that also takes in stunning views over the Tees Valley. Stay a while and shop for arts, crafts and fine local produce in the nearby town of Guisborough with its majestic Priory, bustling market and hall. Kirkleatham Museum is also nearby with impressive exhibitions on art, coast and country, ironstone mining and social history.

RECOMMENDED ROUTE:

- 1 Leave car park via exit turning right onto Fountain Street. Turn left and then right along Church Street. As the road bends left, take the footpath to the right of the Church through the churchyard. At the kissing gate turn right, signposted Cleveland Street.
- 2 Turn left at the road. Just before Guisborough Hall take the track on the opposite side of the road to Foxdale Farm. As the track bears right, take the grassy track left over an isolated stile towards a stile in the top corner. Continue through the following fields until you reach a well-trodden path enclosed by hedges. Continue to reach the main road (A171).
- 3 Turn immediately right up a lane passing Little Waterfall Farm. Continue straight towards Old Park Farm. At the Farm turn left over a cattle grid and head up the track into woodland. Climb the steep concrete track, joining the route of the Cleveland Way. At the end of the woods, take the right footpath signposted Cleveland Way.
- 4 Follow the path along the top of the ridge, crossing a small stream, to reach a stile to your right. Turn left along the grassy track following it as it bends to the left into the forest. When the track curves to the right, take the wide forestry track on the right signposted Cleveland Way.
- 5 Follow this wide track through dense forest (ignore tracks leading off) to reach a large area of felled trees. Continue through the clearing and back into the forest winding down before levelling out. Follow the Cleveland Way sign left and carry on along this track climbing up again through the forest to join a wide stony track along the top of the ridge. Turn right along this track for about 800 metres then, where it bends to the left, take the right footpath over a stile that leads to the top of Highcliff Nab.
- 6 Follow the steep stone path to the left bearing right beneath the crags of Highcliff Nab. Follow the steep path that leads down to a track crossing your path. At this track take the footpath opposite over a stile and continue over another stile at the edge of the forest. Take the right track down through the forest.
- 7 At the end turn right to skirt the forest curving round to the left then meandering through the forest (keep to the main track) passing houses above to reach a junction. Head directly ahead running along the edge of the forest (ignore all other tracks). Pass farm buildings on your left and skirt the forest to cross a stile. Head up past gorse (on left) and across the hillside to a stile in the top right corner. Turn left along the enclosed path, which soon opens up to a track and then a road leading up to Guisborough.



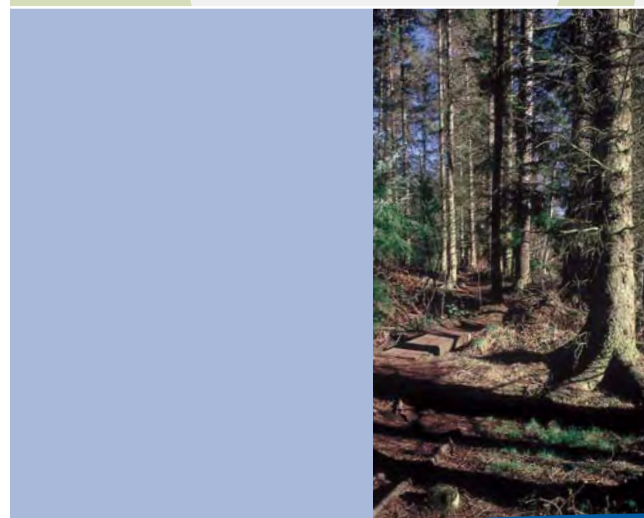
MAP KEY:

- 1 ROUTE START + CHURCH
- P PARKING WC WC
- TOWN/VILLAGE

POINTS OF INTEREST

- A Guisborough Priory
- B Guisborough Hall
- C Highcliff Nab

See pages 56-61 for information on nearby attractions.



TRAVEL & TRANSPORT:

HOW TO GET THERE

From the A19 take the A174 and follow the signs to Guisborough along the A171.

START/PARKING

Fountain Street East car park.
 OS Map Grid Reference NZ614158

PUBLIC TRANSPORT

To plan your route call 0870 608 2608
 or visit www.traveline-northeast.co.uk

EXPLORER MAP OL 26



Roseberry Topping

ROUTE 4

DISTANCE: 6.5 KM (4 MILES)
GRADE OF WALK: STRENUOUS
TIME: 2-3 HOURS

STILES ON ROUTE

Blow the cobwebs away on one of Tees Valley's most famous landmarks. You can take a diversion to Nature's World at the Botanic Centre, Middlesbrough, or visit Captain Cook's Birthplace Museum nearby. Alternatively, recharge those batteries at Pinchinthorpe Hall, with superb food and a tour of the microbrewery.

RECOMMENDED ROUTE:

- 1 From the car park turn right onto Roseberry Lane. Follow the lane to Newton Wood and up the stepped path before bearing left to the edge of the trees. To reach the summit turn sharp right along the steep distinct stone path to the summit of Roseberry Topping.
- 2 The descent is down the east face to the col but only to rise again past Little Roseberry onto Newton Moor.
- 3 After passing through a wooden gate, bear left over the moor to enter Hutton Cowcross Woods by a stile to the left of the gate. Continue straight ahead along Royston Bank avoiding the fallen trees (use trails in the woods either side of the path). Where the forest track makes a hairpin bend to the right, keep ahead along a narrow path leading to Hanging Stone.
- 4 After enjoying the stunning views of Guisborough, Highcliff Nab and Eston Moor, maintain a downhill course to reach another forest track. Turn right for approximately 20 metres, then left, eventually to reach a rough grass track. Turn left. At the main junction bear left again.
- 5 Keep ahead as this track starts to climb, follow a grass track to a wooden gate to finally reach a larger gate opening onto Roseberry Common. Follow the right-hand track. At the following two forks bear right to descend round the base of Roseberry Topping and re-enter Roseberry Lane back to the car park.



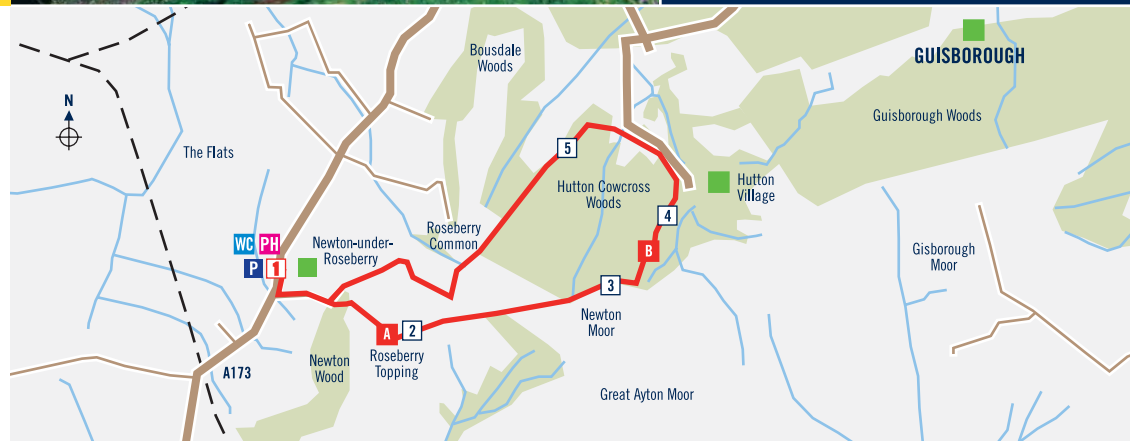
MAP KEY:

- 1 ROUTE START WC WC
- P PARKING PH PUB
- TOWN/VILLAGE

POINTS OF INTEREST

- A Roseberry Topping
- B Hanging Stone, Royston Scar

See pages 56-61 for information on nearby attractions.



"Roseberry Topping, known as the Matterhorn of Teesside, is a landscape icon. It's been a welcome and convenient escape valve for generations of town dwellers. The walk I've chosen has a bit of everything - hills, woodland and glorious views. A joy."

LUKE CASEY, ITV TYNE TEES PRESENTER

TRAVEL & TRANSPORT:

HOW TO GET THERE

From the A19 take the A172 to join the A173 and head towards Guisborough.

START/PARKING

Public car park at the junction of Roseberry Lane, Newton-under-Roseberry on the A173 between Guisborough and Great Ayton.
 OS Map Grid Reference NZ571128

PUBLIC TRANSPORT

To plan your route call 0870 608 2608 or visit www.traveline-northeast.co.uk

EXPLORER MAP OL 26



High Force Round

ROUTE 5

DISTANCE: 6 KM (3.6 MILES)

GRADE OF WALK: EASY/MODERATE

TIME: 2-3 HOURS

STILES ON ROUTE

Invigorate your spirits on a walk within the North Pennines Area of Outstanding Natural Beauty and come face-to-face with the might of High Force - England's largest waterfall. There are equally impressive sights in the surrounding area too, including the imposing Raby Castle with its 200-acre deer park; the world-class art, ceramic and textile collections at The Bowes Museum and the welcoming market town of Barnard Castle with its traditional tearooms and shops.

RECOMMENDED ROUTE:

- 1 From the car park, cross the bridge over Bowlees Beck, up some steps and into the garden of the visitor centre. On leaving the garden, immediately turn right and pass through a gate onto a track. The track passes through a number of gates, which should be left as found. Follow the track past Ash Head Farm. From this point there are lovely views both up and down Teesdale, ahead of you and in the distance below is the wooded gorge. Continue down the hill into Dirt Pit hamlet (derived from 'deer path' which links it with the ancient forest of Teesdale) ignoring any public footpath signs along the way.
- 2 Continue along the track through Dirt Pit, to where it divides at a road junction. Take either divide and cross the road to a stile and public footpath sign. Cross the large field, using the duck-boarding provided to cross over a small stream, and follow the way-marker posts to a gate near a small stone building on a small hill.
- 3 Pass around the building to the right and head diagonally across the top of the hill to a gate next to a second public footpath sign. Pass through the gate and cross the stile on the left to go down to the picnic area and car park next to High Force Hotel.

The entrance to High Force waterfall is on the opposite side of the B6277 and there is a small entry charge payable at the kiosk, if you wish to visit the falls. Return to the road at this point to continue your circular walk.

- 4 From the hotel walk along the footway on the south side of the road for a few yards to a public footpath sign fixed to a road sign reading no footpath for 550 metres. Go through a gate onto a downhill path which soon joins some steep stone steps with a chain link handrail, down to the River Tees.
- 5 Follow the riverside path downstream to Holwick Head Bridge. Cross the bridge and turn immediately left to follow the Pennine Way past Low Force to Wynch Bridge. There are lovely flowers along this section of the river bank, including the yellow Globe Flower and the delicate pink Birdseye Primrose.
- 6 Cross the Wynch Bridge and follow the path across two fields between trees and a stone squeeze stile to the B6277. Cross the road and join a lane which leads easily back to the visitor centre and the start.



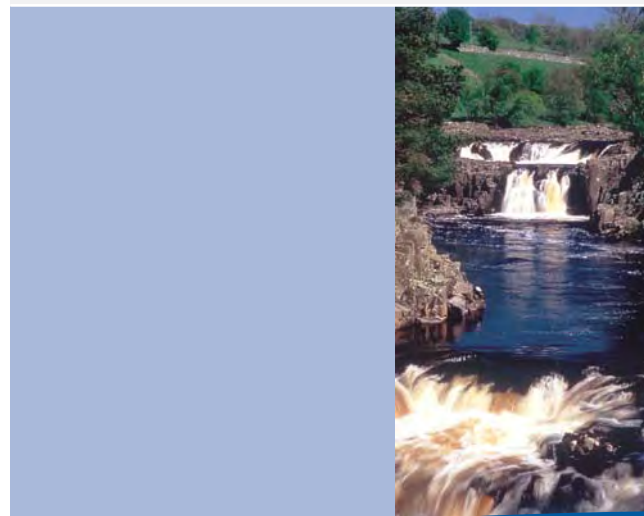
MAP KEY:

1 ROUTE START **WC** WC
P PARKING **TOWN/VILLAGE**

POINTS OF INTEREST

- A** Bowlees Visitor Centre
- B** High Force (largest waterfall in England)
- C** Low Force
- D** Wynch Bridge

See pages 56-61 for information on nearby attractions.



TRAVEL & TRANSPORT:

HOW TO GET THERE

From the A68 take the B6277 through Middleton-in-Teesdale.

START/PARKING

Park at Bowlees picnic area off B6277, 3 miles west of Middleton-in-Teesdale. OS Map Grid Reference NY907282

PUBLIC TRANSPORT

To plan your route call 0870 608 2608 or visit www.traveline-northeast.co.uk

EXPLORER MAP OL 31



Blanchland and the Derwent Valley

ROUTE 6

DISTANCE: 2 KM (1.5 MILES)

GRADE OF DIFFICULTY: EASY

TIME: 1 HOUR OR LESS

STILES ON ROUTE

You'll never forget this timeless stroll through one of England's oldest and most beautiful villages with its striking mixed woodland situated right on the River Derwent. It's set in the North Pennines Area of Outstanding Natural Beauty and since the walk only takes about an hour, you'll have plenty of time left to enjoy some of our other historic attractions just a few miles away. Hexham Abbey has a fine example of a Saxon crypt and a Saxon chalice as well as fascinating 15th Century paintings, while Killhope, The North of England Lead Mining Museum, is a fully restored lead mining site and a national award winner.

RECOMMENDED ROUTE:

- 1 Starting from the car park in Blanchland turn right into the village. In front of the prominent archway, once the main entrance into Blanchland Abbey, turn right and follow the road for a short distance to the playing field and the village hall on your left. Follow the signposted permissive footpath to Baybridge alongside woodland on your right and grass fields on your left.
- 2 At the end of the path turn left and follow the road past the picnic site on your right. From the picnic site you have an opportunity to explore some of the river bank and watch its wildlife. Cross the road bridge over the River Derwent and go uphill for a short distance.
- 3 Turn left into the woods onto a signposted path. The path leads you through mixed woodland with occasional glimpses down to the river and the meadows on the other bank.
- 4 At the road turn left again and cross the river into the square at Blanchland. Pass the small stone building, the former village pump. The hotel on your right was once the abbot's lodge, the abbey kitchens and the guesthouse. Go through the archway you saw at the start of the walk and from here cross the road and retrace your steps to the car park.



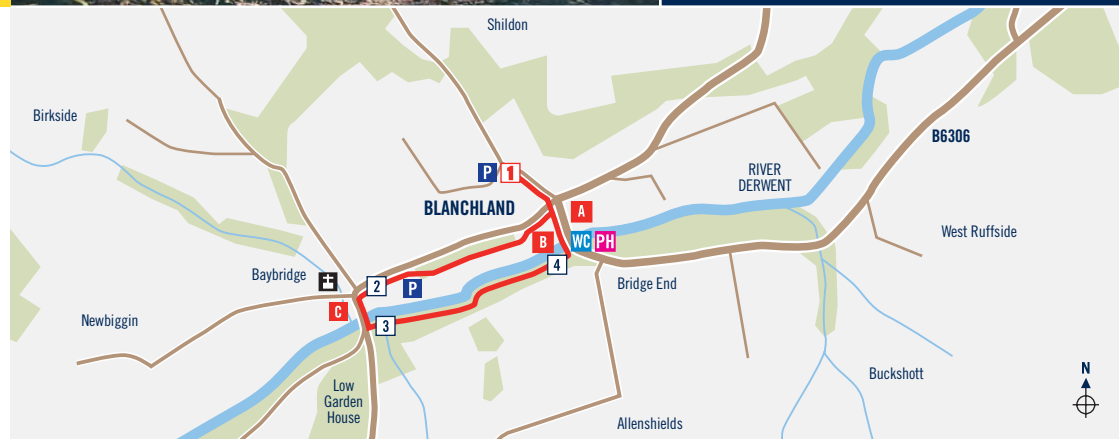
MAP KEY:

1 ROUTE START	WC WC
CH CHURCH	PH PUB
P PARKING	TOWN/VILLAGE

POINTS OF INTEREST

- A** Parish Church
- B** The Gatehouse
- C** Baybridge Picnic Site

See pages 56-61 for information on nearby attractions.



TRAVEL & TRANSPORT:

HOW TO GET THERE

From the A1 take the A68 at Kiln Pit Hill follow the road signposted Minsteracres, Slaley and Blanchland.

START/PARKING

Car park in Blanchland.
OS Map Grid Reference NY965505

PUBLIC TRANSPORT

To plan your route call 0870 608 2608
or visit www.traveline-northeast.co.uk

EXPLORER MAP 307



Reservoirs of Baldersdale, Barnard Castle

ROUTE 7

DISTANCE: 12 KM (7.5 MILES)
GRADE OF DIFFICULTY: MODERATE
TIME: 3-4 HOURS

STILES ON ROUTE

A variety of flora and fauna can be seen on this mixed farm and moorland walk which follows part of the Pennine Way. Here you'll find Hannah's meadow, a haven for wild summer flowers maintained by the Wildlife Trust, and walk alongside three different reservoirs. There's a wealth of nearby attractions including 'Meet the Middletons' in the little town of Middleton-in-Teesdale, with interactive activities, traditional crafts and music for all ages to enjoy.

RECOMMENDED ROUTE:

- 1 From Balderhead Reservoir car park cross the dam and turn left to the youth hostel. Walk through the grounds and go on through the gate. After the next gate turn right, marked South Shore footpath. Cross the bridge, go through the gate and follow the Pennine Way Bowes loop to a white painted marker and stile. Go diagonally to the next stile and continue along the Pennine Way, following white posts and mostly white stiles. The path passes below West Friar House Farm, then turn right at East Friar House Farm. Go up the lane and turn left onto the unfenced road.
- 2 Turn right onto the bridleway and after 50 metres bear left to Goldsborough Hill. Continue along the Pennine Way, which passes 50 metres to the right of the summit. The path reaches Yawd Sike stream. Ignore the wooden sheepbridge and cross at or near the ford.
- 3 After 100 metres take the left fork along an unsigned path, which curves left in the direction of a wall, isolated trees and a white sign. The path eventually reaches a sign and a gate that marks a military firing range. Keep the wall on your right and How Beck on your left. Cross a stile by a gate and continue 100 metres to another stile on the left. Descend to the beck, cross and climb the other side. Turn right on a track used by off-road vehicles to Fiddler House.
- 4 Continue left of the house and down the road. Where the road bears right, take the footpath straight on across a stile. Just before the farmhouse, turn left across the stile and head in the direction of the telegraph poles. At West Briscoe Farm, go through the first gate and then round the buildings to a second gate then down the track road. Turn left along the road to Hury Reservoir car park on the right. Follow the footpath along the South Shore beside the water channel to Little Hury Reservoir. Turn right and cross the dam.
- 5 Turn left, continue along the shore and up the lane to a gate on the right. Head diagonally left to a gate at the corner of the field. Follow the line of the trees and turn left to a gate before a barn. Follow the footpath signs through gates and continue between two walls to a footbridge. Go straight on across fields and through gates to Birk Hat Farm. Turn right up the tarmac drive and left on the boardwalk to Hannah's Meadow Visitor Centre.
- 6 Go through the gate behind the centre and left in front of the farmhouse. Exit the farmyard by the gate and turn right towards an isolated barn. After 50 metres turn right again to a stile on the right of the barn, ignoring the stile ahead. Turn left and keep to the wall. The next stile is 40 metres along the opposite wall. Cross the moor back to Balderhead Reservoir.



MAP KEY:

- 1 ROUTE START WC WC
- P PARKING

POINTS OF INTEREST

- A Goldsborough Hill
- B Hannah's Meadow Nature Reserve
- C Hannah's Meadow Visitor Centre

See pages 56-61 for information on nearby attractions.



TRAVEL & TRANSPORT:

HOW TO GET THERE

From the A1 take the A688 to Barnard Castle. From Barnard Castle take the B6277 signposted Middleton-in-Teesdale. Approaching Romaldkirk village turn left to Baldersdale.

START/PARKING

Balderhead Reservoir car park.
 OS Map Grid Reference NY928187

PUBLIC TRANSPORT

To plan your route call 0870 608 2608 or visit www.traveline-northeast.co.uk

EXPLORER MAP OL 31

Durham Dales, Stanhope

ROUTE 8

DISTANCE: 5.5 KM (3.5 MILES)

STILE ON ROUTE

GRADE OF DIFFICULTY: EASY/MODERATE

TIME: 2-3 HOURS

A potted introduction to classic Dales scenery and heritage. There are villages worth exploring nearby, as well as living history in the shape of Auckland Castle, country residence of Durham's famous Prince Bishops; Weardale Museum and High House Chapel, the oldest Methodist Chapel in the world; and Locomotion, The National Railway Museum at Shildon.

RECOMMENDED ROUTE:

- 1 From the Durham Dales Centre turn left along the main road, through the Market Place and continue on along Front Street.
- 2 Just before you leave Stanhope turn left into Woodcroft Gardens.
- 3 Take the path to the right between the houses that leads across fields to reach Shittlehope Burn.
- 4 Cross the footbridge then turn left and follow the burn up-stream along a wooded path.
- 5 Re-cross Shittlehope Burn by way of another footbridge. Follow the path up to the left and cross the stile out onto a field. Cross the field diagonally to the left to a ladder stile, cross to another ladder stile and go straight ahead keeping the stone wall on your left. Cross through fields to join a lane.
- 6 Where the lane bends up to the right, turn left along a steep path before Moor Edge Cottage.
- 7 The path becomes a grassy track above the houses - head straight on then follow the track round to the left passing above the enclosed plantation. Follow this clear, level track straight on along the top of Crawley Edge.
- 8 The track joins a road above the houses of Crawleyside through a gate. Turn left downhill.
- 9 Turn left before Campbell House along Field Row leading to Wear View.
- 10 Turn right, over two footbridges passing through the old quarries back into Stanhope.



MAP KEY:

	ROUTE START		TOWN/VILLAGE
	CHURCH		PUB
	PARKING		WC

POINTS OF INTEREST

- A Durham Dales Centre
- B Fossil Tree

See pages 56-61 for information on nearby attractions.

"One of my favourite walking places is Weardale, and one of my favourite towns is Stanhope. The Dales Centre is ideally situated off Front Street, with free parking and toilet facilities. The surrounding area is scenically spellbinding and the Bonnie Moorhen serves a good pint."

BOB JOHNSON, ITV TYNE TEES WEATHERMAN



TRAVEL & TRANSPORT:

HOW TO GET THERE

From the A1 take the A690 through Durham to join the A689 to Wolsingham. Continue along the A689, passing through Frosterley until you reach Stanhope.

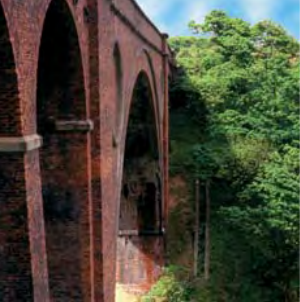
START/PARKING

There is free parking at the Durham Dales Centre. OS Map Grid Reference NY996392

PUBLIC TRANSPORT

To plan your route call 0870 608 2608 or visit www.traveline-northeast.co.uk

EXPLORER MAP 307



Beacon Hill and Hawthorn Village

ROUTE 9

DISTANCE: 9 KM (5.6 MILES)

STILES ON ROUTE

GRADE OF DIFFICULTY: MODERATE

TIME: 2-3 HOURS

Walk a spectacular stretch of Heritage coastline along dramatic cliff tops that include exceptional views. This area is of particular geological and botanical interest, and is bordered by meadow and woodland alive with wildlife. Nearby you'll find attractions for all the family, including the National Glass Centre at Sunderland; Dalton Park Outlet Shopping Centre and in Hartlepool, the Historic Quay.

RECOMMENDED ROUTE:

- 1 Park in the car park at the entrance to Nose's Point just off the A182 in Dawdon. The walk starts along the tarmac path out to the site of the old tippler from the colliery that poured millions of tons of colliery spoil onto Blast Beach, the remaining spoil is visible along the back of the beach. The yellow rock is called magnesian limestone and supports a very rare form of grassland, the only example of this in all of Europe.
- 2 Carry on along the path and onto land owned by the National Trust, the path continues along the cliff top and then runs alongside the railway line. Follow the path across the line, into the woodland and then through the hay meadow, managed by Durham Wildlife Trust, which leads on across the stream and up the bank.
- 3 At the top of the bank turn left beneath the end of the railway arch and continue along the coastal footpath. Turn right at the National Trust sign and head up the steps to Beacon Hill. Turn right through the gate to enjoy the views from the trig point and continue on path across Beacon Hill. At gate turn right (away from sea) at next T-junction. Turn right onto a track, continue on and at next T-junction turn left. At junction of tracks go straight ahead onto waymarked path bearing right to cross a field. Turn right at the marker post and

follow the path between two farm fields towards woodland. Follow path to left at edge of wood, watch out for an indistinct path on the right into the wood (50 yards from telegraph poles). Follow this path into wood down steps, across a bridge and up to exit at a stile into a field. Walk up field towards houses leading to Hawthorn Village.

- 4 Pass up the main street and turn right at the top, follow the tarmac road back towards the sea taking the signed footpath to the right at the gated access. This path follows the edge of the wood, gently dropping down to rejoin the coastal path at the hay meadow.
- 5 Turn left back towards Nose's Point, retrace your original steps back to the start.



MAP KEY:

- 1 ROUTE START
- TOWN/VILLAGE
- ⛪ CHURCH
- PH PUB
- P PARKING

POINTS OF INTEREST

- A Blast Beach
- B Limestone Coastal Grassland
- C Beacon Hill Viewpoint

See pages 56-61 for information on nearby attractions.



TRAVEL & TRANSPORT:

HOW TO GET THERE

From the A19, south of Sunderland, take the A182 exit signposted to Seaham, turn right at the third roundabout and then immediately right into the car park. NB: The A182 is a relatively recently constructed road and may not yet appear on all maps.

START/PARKING

The walk starts from the car park at the entrance to Nose's Point. OS Map Grid Reference NZ435483

PUBLIC TRANSPORT

To plan your route call 0870 608 2608 or visit www.traveline-northeast.co.uk

EXPLORER MAP 308



Durham City and Houghall Discovery Trail

ROUTE 10

DISTANCE: 7 KM (4.5 MILES)

STILES ON ROUTE

GRADE OF DIFFICULTY: EASY/MODERATE

TIME: 2-3 HOURS

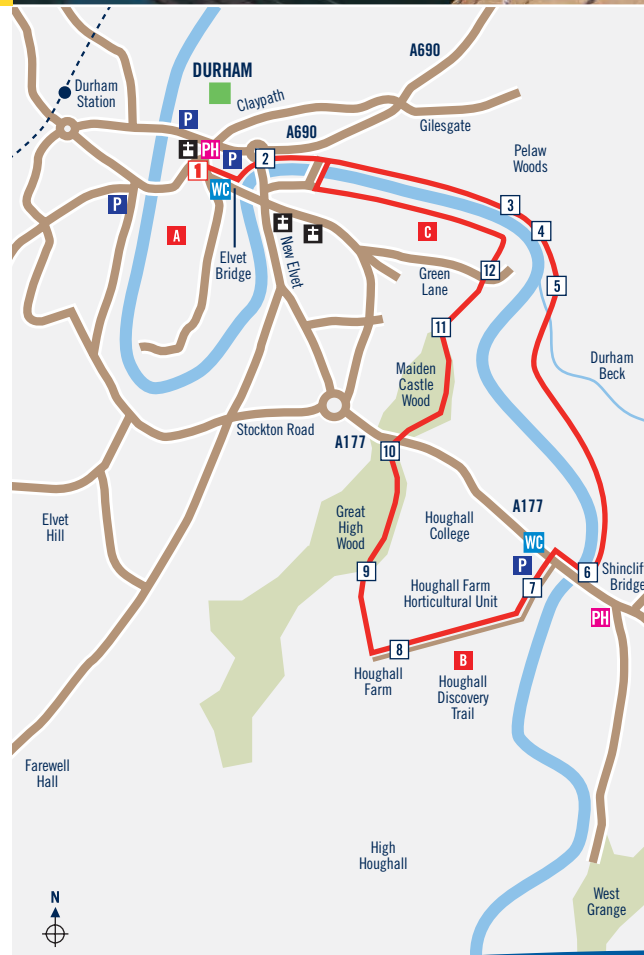
No newcomer to the city should miss this historic trail, from which it's easy to visit the World Heritage Site Durham Cathedral and Castle; the medieval Crook Hall and Gardens; take a river cruise on the Prince Bishop or explore the cobbled streets sampling the many excellent cafes and shops. If you're still here in the evening, a night out at the Gala Theatre will round off your day in style.

RECOMMENDED ROUTE:

- 1 From the Marques of Londonderry statue in the Market Place, head towards the Cathedral along Saddler Street. Descend left towards Elvet Bridge. Before the bridge descend steps on the left.
- 2 Continue ahead under New Elvet Bridge past the footbridge. Pass the Colleges of St Hild and St Bede on your left.
- 3 Enter Pelaw Woods, still on the riverside path. On leaving the wood, ignore path on left and go diagonally left over a rough pasture to a track that curves left by a disused railway embankment.
- 4 Turn right between the supports of a demolished railway bridge to cross two stiles on a metal footbridge over Old Durham Beck.
- 5 Head towards the suspension bridge across a field. Before the bridge turn left onto a narrow riverside track, which eventually becomes a cart track. Continue to reach the A177.
- 6 Turn right and cross Shincliffe Bridge, cross the road and after 15 metres turn left into a lane, car park, and signs for the Pump House Restaurant.
- 7 From the car park enter Shincliffe Bridge Wood onto the Houghall Discovery Trail on left, follow the discovery trail symbol signs (acorns). This trail eventually joins the tarmac lane which could have been followed from the car park. You can either

follow this tarmac lane or take a detour along the Houghall Discovery Trail. Each detour will bring you back to the tarmac lane.

- 8 Either way when you reach Houghall staff houses, where 5 paths/tracks converge, turn right and follow yellow arrow along a lane.
- 9 Go over a stile to the top of a field. Cross a stile into Great High Wood at an information board. Turn right to reach the A177. Cross the road and enter Maiden Castle Wood.
- 10 Take the path round the base of the wooded knoll, eventually seeing the top of the suspension bridge that you passed earlier. Continue on and join the riverside path.
- 11 On exiting the wood bear right with the path. Continue through supports of a disused railway bridge, after 50 metres turn right into pine woods. Reaching a tarmac road, cross into a gravel area and turn right along the gravel track.
- 12 The track bears left towards Durham Amateur Rowing Club. Continue to the riverside seeing the statue of the 'Dun Cow', 'Mechanical Cogs' and Bandstand. Continue to the footbridge, cross, turn left and head back towards the Market Place.



MAP KEY:

- I** ROUTE START
- +** CHURCH
- WC** WC
- P** PARKING
- PH** PUB

POINTS OF INTEREST

- A** Durham Cathedral and Castle
- B** Houghall Discovery Trail
- C** Dun Cow

See pages 56-61 for information on nearby attractions.

"A great walk to do with the family with plenty of variety from the city's streets and architecture to the tranquility of the river and the mystery of the woods."

PAM ROYLE, ITV TYNE TEES PRESENTER

TRAVEL & TRANSPORT:

HOW TO GET THERE

From the A1, leave at junction 62 and take the A690 towards Durham City.

START/PARKING

Starting point is at the Market Place, Durham City. The nearest car park is the Prince Bishops Car Park. OS Map Grid Reference NZ274424

PUBLIC TRANSPORT

To plan your route call 0870 608 2608 or visit www.traveline-northeast.co.uk

EXPLORER MAP 308



Chopwell Woods

ROUTE 11

DISTANCE: 7.5 KM (4.7 MILES)
GRADE OF DIFFICULTY: MODERATE
TIME: 2-3 HOURS

Hidden among the dappled light of old beech woods contrasted with deep summer shade cast by large blocks of maturing larch woodland you'll find specially-commissioned sculptures and lively squirrels. And within a few miles lies further attractions such as the 18th Century grounds of Gibside; Beamish, The North of England Open Air Museum, recreating life in the North East in the early 1800s and 1900s, complete with working town, farm, railway and manor; and Europe's largest shopping centre - MetroCentre - offering diversions of a more up-to-date variety.

RECOMMENDED ROUTE:

- 1 With your back to the main car park turn right heading back down the road, after a short distance you will come to a 'green' arrowed marker on your left.
- 2 Turn left onto the start of the trail and follow the clearly marked green arrows around the trail. Watch out for the Cruck Frame sculpture on your right which was part of a major project initiated by the Friends of Chopwell Wood in 1999 to mark the millennium.
- 3 At the Beech Wood, planted in 1900, keep to the green arrow path left over the old railway line bridge.
- 4 Continuing to follow the green arrowed markers sweep right passing a felled area on your left. Continue up the slope towards the pond.
- 5 At the pond follow the green markers to the left all the way down to the old railway line, taking in the heavy gate beeches on the way.
- 6 Keeping to the green arrows head down towards the River Derwent, passing Carr House on your left.
- 7 At the gate/stile keep to the path and head towards the river. Go up the steps and follow the green arrow path round to the left, passing a felled area on your right. Continue on until you reach Alder Trees where you might like to stop for a while to admire the stunning riverside location.
- 8 Continuing along the path, you'll pass through the mature Larch Wood, and will see further sculptures such as 'Eggs', 'Guardians' and 'Bracken Crozier'.
- 9 At the 'Hands' sculpture follow the path through the mature pine woods, looking out for squirrels on the way, pass the picnic tables and back towards the main car park.



MAP KEY:

- 1** ROUTE START
- P** PARKING

POINTS OF INTEREST

- A** Beech Wood
- B** Cruck Frame Sculpture
- C** Eggs, Guardians and Bracken Crozier Sculptures

See pages 56-61 for information on nearby attractions.



TRAVEL & TRANSPORT:

HOW TO GET THERE

From the A1 south west of Newcastle take the A695 towards Blaydon & Prudhoe, then the B6315. Access to Chopwell Wood is through the High Spen entrance, located off Hookergate Lane (B6315).

START/PARKING

Follow the road through the wood until you come to the main Visitor car park on the left. OS Map Grid Reference NZ138584

PUBLIC TRANSPORT

To plan your route call 0870 608 2608 or visit www.traveline-northeast.co.uk

EXPLORER MAP 307



Souter Lighthouse

ROUTE 12

DISTANCE: 10 KM (6.25 MILES)

STILES ON ROUTE

GRADE OF WALK: MODERATE

TIME: 2-3 HOURS

The lighthouse at Souter Point was the most advanced in the world when it was built in 1871. Take time out from this spectacular coastal walk to climb the tower and visit the Victorian keeper's cottage, explore the adjacent coastline or visit Arbeia Roman Fort and Museum, just along the coast at South Shields.

RECOMMENDED ROUTE:

- 1 From Whitburn coastal car park, follow the path, past a metal gate towards the sea. Go north, keeping Souter Lighthouse to your left until you reach a gate close to the lighthouse itself.
- 2 Continue north to the alternative car park and follow the path as it swings towards the coast road. Bear right before reaching the road and continue along the path marked 'coastal footpath' until you reach the Marsden Grotto car park. The ruins of a limekiln can be seen across the road and the Grotto can be accessed by steps or lift. If you take a break, read about the legend of Peter 'the hermit'.
- 3 Go west across the coast road and up a lane, keeping Lizard Lane Caravan Park to your right and the golf course to your left. At the top of the lane, cross the road and go slightly left to find a public bridleway to Cleadon Park. Follow it up a slight hill, keeping the quarry and nature reserve to your right and the golf course to your left. Stop and take in the breathtaking views covering Penshaw Monument to Tynemouth Priory. Continue towards Cleadon Water Tower, to a stile in the golf course wall. Go through this and cross the course towards the water tower, following the marked yellow poles. Take the minor of two paths left through bushes and after 100 metres, go through a kissing gate. Follow the wall and cross a farm track. At the modern sculpture, bear left through a kissing gate and head for the ruins of Cleadon Mill.
- 4 Keeping the wall to the left, follow the seaward path and cross a small field to a stile at the end of a wall opposite (between the trees). Cross the stile and follow the path right around the field and over a stile at the field corner. Follow the field edge path, cross a third stile and continue to a fourth, which takes you onto a farm track. Turn left for the buildings of Wellands Farm directly ahead.
- 5 Cross the farmyard and follow the farm road to the main road junction using stiles if the farm gates are closed. Turn left onto the housing estate road then right at the end of the houses to follow a marked public footpath running beside a caravan site. At the end bear left, cross the road and follow Cedar Grove seawards to Whitburn Mill.
- 6 Cross the mill field to the coast road, using either exit. The Army firing range should be visible ahead. Proceed if there are no red flags flying. Turn left, cross the coast road and follow it to the end of the rifle range where steps beside a bus shelter take you to join the coastal path. Turn left onto the path, which will take you past a lookout hut and onto the car park. 400 metres after the gate, a short cut swings left beside a fence to the car park. **If the red flag is flying, stay on the main coast road and follow Marsden Avenue on your right down to a seaward path to the lookout hut.**



MAP KEY:

- | | |
|----------------------|---------------------|
| 1 ROUTE START | TOWN/VILLAGE |
| PH PUB | P PARKING |
| WC WC | |

POINTS OF INTEREST

- A** Souter Lighthouse
- B** Marsden Grotto
- C** Cleadon Mill (Ruins)

See pages 56-61 for information on nearby attractions.

"I'm always at my happiest beside the sea so the walk from Souter Lighthouse over the Cleadon Hills is a favourite. Souter itself is a gem but the walk also gives you breathtaking views in every direction and, if you pause a moment, you can watch ships leaving the Tyne for destinations unknown."

DENISE ROBERTSON,
AUTHOR/AGONY AUNT

TRAVEL & TRANSPORT:

HOW TO GET THERE

From the A19 take the A194 to the A1300. From the A1300 follow signs to the coast leading to the A183.

START/PARKING

Whitburn coastal car park on the A183. OS Map Grid Reference NZ412635

PUBLIC TRANSPORT

To plan your route call 0870 608 2608 or visit www.traveline-northeast.co.uk

EXPLORER MAP 316

Fatfield to South Hylton

ROUTE 13

DISTANCE: 14.5 KM (9 MILES)

STILES ON ROUTE

GRADE OF WALK: MODERATE

TIME: 3-4 HOURS

This winding route along the River Wear could be your starting point for a number of diversions including a visit to the adjacent Washington Wildfowl and Wetlands Trust reserve, a short climb uphill to Penshaw Monument, built in 1844 to commemorate the 1st Earl of Durham, or a trip to Sunderland Museum and Winter Gardens. And why not stop for a bite to eat at one of the pubs on route?

RECOMMENDED ROUTE:

- 1 From the car park, opposite North Biddick Club, turn right along Bonemill Lane past Worm Hill. Cross the road and continue along South View leading to a track that takes you under Victoria Viaduct.
- 2 Once under the Viaduct continue along the river's edge, skirting James Steel Park and passing Victoria Bridge House. Continue along the riverside track until you reach a car park. Turn left from the car park, take the first right and then the first left, following C2C signs. Take the right path at the following two forks and continue towards the river until it opens up to a grassy area - take steps to the left. Skirt the edge of the field and head through a tree-covered area bringing you out at the car park for the Wildfowl and Wetlands Trust. Bear right to rejoin the track. Take the right path and follow signs for Low Barmston Farm. Over the footbridge take the right path. At the farmhouse, take the public footpath (to the left of the farmhouse) and cross a stile in the bottom right corner of the field. Follow the stream, cross a footbridge and continue, taking the right path leading to a signpost for North Hylton.
- 3 Continue through the Oak and Ash Woodlands towards North Hylton. This track eventually forks - take the right path (left leads to a stone wall) down to a house on the edge of the River Wear. Turn left along the road under the A19 onto Ferryboat Lane

passing the public house (left). Take the next left up a steep farmer's track heading back towards the A19. Take steps up to the A19 bridge and cross the river.

- 4 Follow the footpath turning left onto Offerton Lane. At the river turn left under the bridge and continue along the riverside path. Cross the footbridge (past houses) and follow the path as it meanders with the river and skirts the edge of a cornfield. Cross the stile and continue ahead keeping the river to your right and Wearside Golf Course to your left. Continue through the tree-covered path (ignoring any other paths leading off) to eventually head down steps to the river's edge. Pass through the kissing gate to the stables in Cox Green.
- 5 Through the stables, pass the houses (left) and footbridge (right) to reach the track leading into the woods (through a kissing gate). This track runs parallel to the river - always take the track nearest to the river, ignoring other paths leading off. Pass under Victoria Viaduct and continue until the track opens up at Mount Pleasant Lake.
- 6 Take the right path to continue along the rivers edge and head towards the bridge crossing the River Wear to re-enter Fatfield. Turn left along Bonemill Lane and back towards the car park.



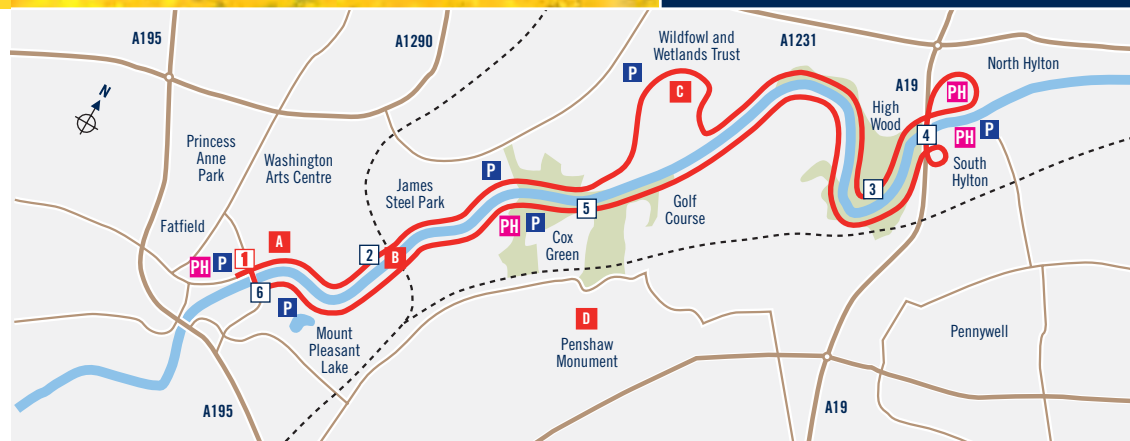
MAP KEY:

- RT** ROUTE START **PH** PUB
P PARKING

POINTS OF INTEREST

- A** Worm Hill
B Victoria Viaduct
C Wildfowl and Wetlands Trust
D Penshaw Monument

See pages 56-61 for information on nearby attractions.



"In this walk you pass within inches of thousands of people charging up and down the A19 but you walk beneath it through a secret tranquil landscape that they will never see."

JOHN GRUNDY, PRESENTER OF GRUNDY'S WONDERS

TRAVEL & TRANSPORT:

HOW TO GET THERE

From the A1 join the A195 to pick up the A182 heading south to Fatfield.

START/PARKING

From the A182, marked Fatfield, turn left onto Bonemill Lane. Parking is available in the public car park off Bonemill Lane. OS Map Grid Reference NZ319552

PUBLIC TRANSPORT

To plan your route call 0870 608 2608 or visit www.traveline-northeast.co.uk

EXPLORER MAP 308



NewcastleGateshead Discovery

ROUTE 14

DISTANCE: 2 KM (1.4 MILES)

GRADE OF DIFFICULTY: EASY

TIME: 1 HOUR OR LESS

This city tour offers wonderful views of the famous Tyne bridges. Make a full day of it with visits to both Quaysides to see the public art displayed at the BALTIC Centre for Contemporary Art and The Sage Gateshead - stunning views can be enjoyed from both. Also on the list of 'must sees' are visits to the Life Science Centre and the Castle Keep. You can view beautiful works of art at The Biscuit Factory, shop in Eldon Square, eat at superb restaurants and cafes, and round it all off with a night at the theatre.

RECOMMENDED ROUTE:

- 1 From the car park, turn right onto Dean Street and at the cross roads turn left following this road along past the Cathedral on your left. Follow the road as it bears left towards Castle Keep. Head under the railway bridge and round the front of the Castle Keep to ensure a good view. Continue past the Keep through the far right railway arch and descend the steps immediately to the right (Dog Leap Stairs) onto The Side. Turn right and head along the pedestrian only road being sure to spot The Crown Posada Pub on the right, which dates back 220 years, unspoilt by change. Continue to where the road forks and take the left road up Akenside Hill, passing All Saints Church on the left. Go straight ahead past the houses, keeping the railings on your right and following down Dog Bank to Broad Chare. Turn right passing the Live Theatre on the right - a theatre with a 30-year track record of commissioning new writing.
- 2 Leaving Broad Chare (The Law Courts on your left), cross the Quayside pedestrian footpath then turn left to lead to Wesley Square in the direction of the Gateshead Millennium Bridge. The sandstone wall on the left carries the River Tyne Relief sculpture highlighting important sites along its length. Follow the Quayside to the bronze River God sculpture and stone steps left leading to the Sandgate area. (Take a short detour up the Sandgate Stone Steps to see The Siren sculpture.) Pass Malmesdon Hotel on left and the Pitcher & Piano pub on the right to take in The Swirle Pavillion, and the Blacksmith's Needle, pieces of public art.
- 3 Return to cross the Gateshead Millennium Bridge, stopping on the bridge to take in the view of the other historic bridges crossing the Tyne. At the other side of the Gateshead Millennium Bridge is Baltic Square and the entrance to BALTIC Centre for Contemporary Art. Take the steps from Baltic Square and continue up several other flights of steps to reach The Sage Gateshead, an international centre for music. Walk through The Sage Gateshead, taking in the magnificent building and checking out the programme of events, to come out the other side at St Mary's Square, the location of the Gateshead Visitor Centre.
- 4 Head down the right path, under the Tyne Bridge towards the Swing Bridge. The Hilton NewcastleGateshead is on your left. Further down the bank on your left is La Riviera restaurant, a building which once housed the river police.
- 5 Cross the Swing Bridge and follow the steps on the right down towards the Guildhall. Follow the circumference of the Guildhall and cross at the pedestrian crossing to the black and white timber framed buildings. The home of Bessie Surtees is marked with a plaque. In 1772 Bessie eloped with her lover, John Scott who, despite her parent's misgivings, enjoyed a successful career and became Lord Chancellor of England. Turn right and bear left with the road back up past The Crown Posada and onto Dean Street. The car park is on your right on the bank.



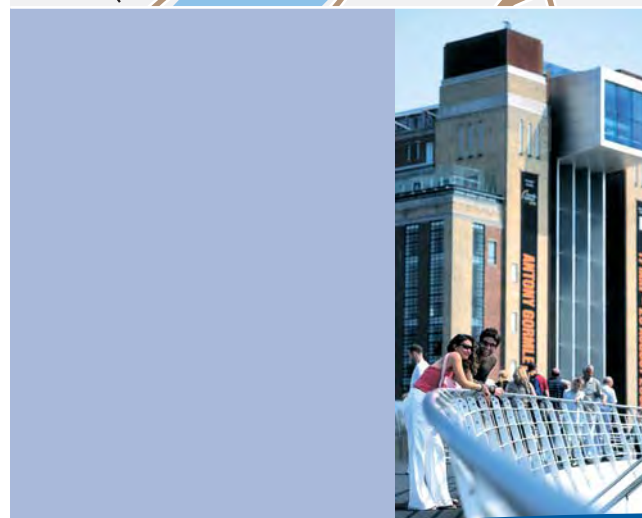
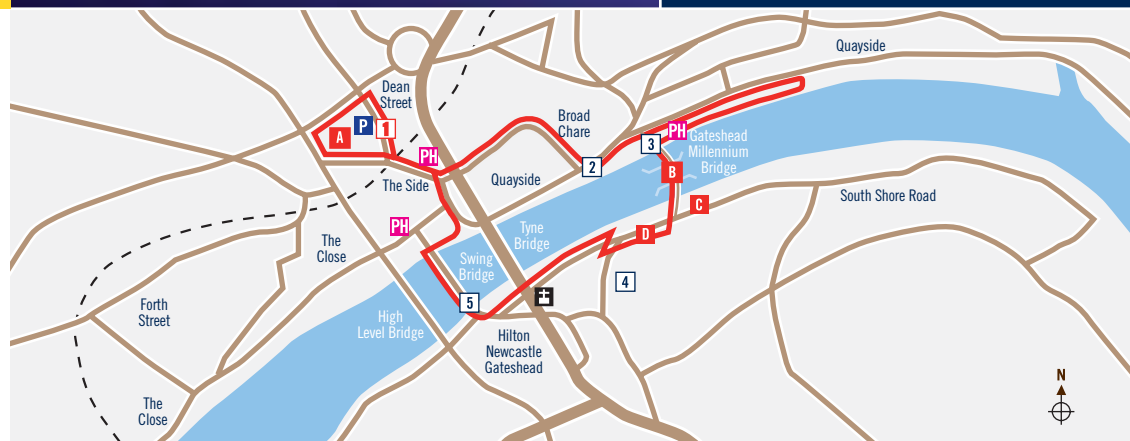
MAP KEY:

- | | |
|----------------------|-----------------|
| I ROUTE START | PH PUB |
| P PARKING | + CHURCH |

POINTS OF INTEREST

- A** Castle Keep
- B** Gateshead Millennium Bridge
- C** BALTIC Centre for Contemporary Art
- D** The Sage Gateshead

See pages 56-61 for information on nearby attractions.



TRAVEL & TRANSPORT:

HOW TO GET THERE

From the A1 follow the signs to Newcastle city centre.

START/PARKING

Dean Street car park.
OS Map Grid Reference NZ250640

PUBLIC TRANSPORT

To plan your route call 0870 608 2608
or visit www.traveline-northeast.co.uk

EXPLORER MAP 316



Allen Banks

ROUTE 15

DISTANCE: 8 KM (5 MILES)
GRADE OF WALK: MODERATE
TIME: 2-3 HOURS

STILES ON ROUTE

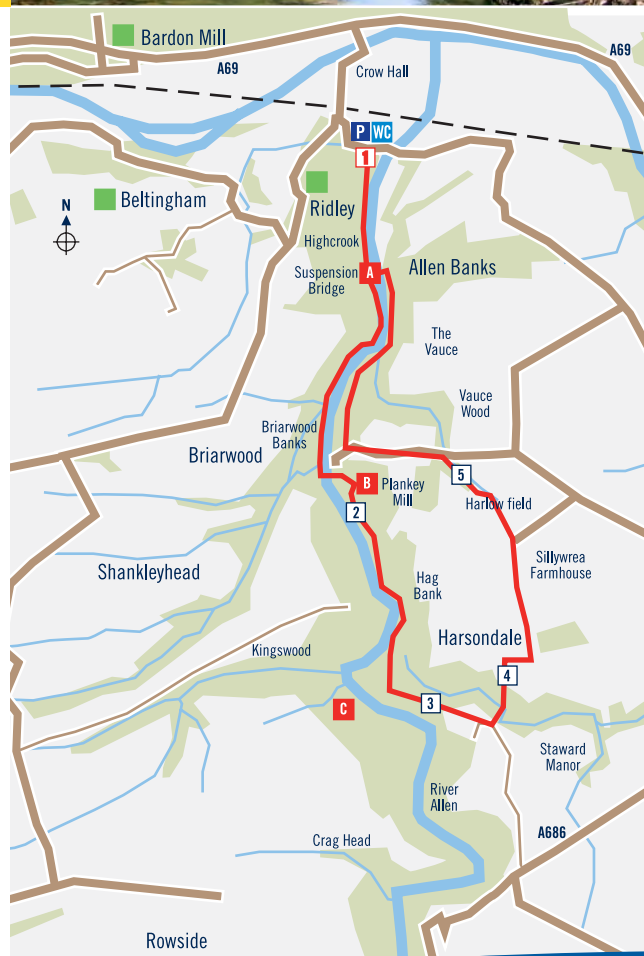
A beautiful riverside walk in the North Pennines Area of Outstanding Natural Beauty, through mixed woodland and traditional pasture with plenty of wildlife to be glimpsed and heard. Chesters Walled Garden, with its unique herb collections and nursery, is just a short drive away as is Housesteads Roman Fort, the most impressive fort on Hadrian's Wall.

RECOMMENDED ROUTE:

- 1 Follow the footpath from the car park, with the river on your left. Ignore the first suspension bridge and carry on where the path rises steadily, with sandstone cliffs across the river. Soon you pass below Raven Crag. Go on through Briarwood Banks and onto a second suspension bridge, beyond which lies Plankey Mill, which once harnessed the power of the river. Go over the bridge and turn right.
- 2 Press on along the permissive way through pastures, alongside the alders that line the river, now on your right. Climb a stile to go further into the gorge and then up steps to rise above the river. After descending, cross a footbridge ignoring the right turn to the riverside. At the way-marked Y-junction, take a steeply climbing stepped path, left, passing first through conifers and then out into pleasing oak woodland. Soon the wall of Staward Peel lies ahead. Wind left round the wall and into a grassy clearing.
- 3 Follow the wide path passing the remains of the medieval gatehouse and then along the tree-covered ridge. On either side, slopes drop almost sheer to the River Allen on the right and its tributary on the left. Pause at the viewpoints and then go on under oaks and Scots pine, the way edged with heather, then bracken. At the Y-junction, go left to a stile into

pasture. Follow the grassy path to where the wall ends on the left, and take another stile into more woodland. Descend the steepish, rough path to cross a bridge over a narrow ghyll. Climb up beyond to a stile into another pasture - **there may be a bull here.**

- 4 Go ahead with the hedge on your left, climb the ladder stile onto an access track, turn right and a short distance along take another on the left. Walk up beside the wall on your left to a stile in the wall corner. Beyond, turn right to climb a stile over the fence. Turn left and continue to a sturdy step stile ahead. Go on to take the path between a stone and wooden barn. Turn right and opposite the Sillywrea Farmhouse go through double gates on the left into a walled 'outrake'. Beyond the next gate, proceed ahead parallel with the wall on the right, then a fence to join a narrow road.
- 5 Descend left, where the road bears left, take the continuing cart track and wind left at its foot. A stile on your right gives access to a delightful path. With the River Allen to your left, stroll along the stiled way, keeping to the riverside whenever there is a choice. Come to the suspension bridge you ignored early on the walk, cross and turn right back to the car park.



MAP KEY:

1 ROUTE START **■** TOWN/VILLAGE
P PARKING **WC** WC

POINTS OF INTEREST

- A** Suspension Bridge
- B** Plankey Mill
- C** Medieval Gatehouse (Staward Peel)

See pages 56-61 for information on nearby attractions.



TRAVEL & TRANSPORT:

HOW TO GET THERE

On the A69 follow signs to Haydon Bridge, pass through Haydon Bridge towards Bardon Mill. Take left turn to Allen Banks.

START/PARKING

National Trust car park in the former walled garden of Ridley Hall.
 OS Map Grid Reference NY798640

PUBLIC TRANSPORT

To plan your route call 0870 608 2608 or visit www.traveline-northeast.co.uk

EXPLORER MAP OL 43



Coxson's Tower, Berwick-upon-Tweed

ROUTE 16

DISTANCE: 3 KM (1.8 MILES)
GRADE OF DIFFICULTY: EASY
TIME: 1-2 HOURS

SUITABLE FOR:

This walk leads you through the cultural and natural history of the town, giving a scenic overview of Berwick's impressive fortifications, with reminders of the town's central role in Border battles of centuries gone by. This is the perfect route to enjoy stunning coastal views to the South of Holy Island and Bamburgh. Take a short stroll off route to see the Royal Border Bridge, and enjoy an hour or two in the town itself with its shops, cafes and restaurants. A little further afield, you can try your hand at pottery and crafts for all ages at Pot-a-Doodle-Do, Scremerston, or indulge your sweet tooth at Chain Bridge Honey Farm.

RECOMMENDED ROUTE:

- 1 Facing Wallace Green car park, with the churches on your left, walk east (straight ahead) towards Berwick Barracks along the Parade.
- 2 Pass the barracks on your right and bear left with the path and then right through a stone arch (gateway). Pass through the gateway and follow the path left. After a short way the path turns right (following the high wall) and across the golf course to the sea (beware of flying golf balls).
- 3 At the cliff turn right (south) and walk the public right of way on the eastern side of the golf course.
- 4 After about 800 metres the path joins a small road, continue along this road which follows the estuary upstream to Ness gateway.
- 5 Once through the gate turn immediately left and up a small flight of steps or ramp, at the top turn right and follow the wall to Coxson's Tower. This is an excellent vantage point over the estuary, river and harbour.
- 6 From Coxson's Tower continue along the wall, which becomes pavement after a short while. Presently, the three Tweed bridges come into view. Follow the pavement upstream.
- 7 Under the middle bridge (the Royal Tweed), bear right up the hill to Megs Mount Bastion (through the gate signposted 'Berwick Ramparts').
- 8 At the top you can turn left and explore Megs Mount or continue right along to Cumberland and Brass Bastions where again small exploration detours can be made.
- 9 Beyond Brass Bastion the path bears right and after about 100 metres a ramp can be seen on the right leading back to the Wallace Green parking area (through a gate).



MAP KEY:

- ROUTE START**
- PARKING**
- CHURCH**

POINTS OF INTEREST

- A** Berwick Barracks
- B** Ness Gateway
- C** Coxson's Tower
- D** Royal Tweed Bridge

See pages 56-61 for information on nearby attractions.



TRAVEL & TRANSPORT:

HOW TO GET THERE

From the A1 take the A698 to Berwick-upon-Tweed.

START/PARKING

Enter Berwick town centre over the bridge, turn left and then first right along Walkergate. Park in Wallace Green car park. OS Map Grid Reference NT999531

PUBLIC TRANSPORT

To plan your route call 0870 608 2608 or visit www.traveline-northeast.co.uk

EXPLORER MAP 346



Classic Hadrian's Wall

ROUTE 17

DISTANCE: 12 KM (7.5 MILES)
GRADE OF DIFFICULTY: MODERATE
TIME: 3-4 HOURS

STILES ON ROUTE

Built over 1,800 years ago to defend the northern boundary of the Roman Empire, Hadrian's Wall is now a World Heritage Site, with huge stretches of its superbly-engineered span still standing proud today. From this route you can visit excavated Roman Forts at Housesteads and Vindolanda, with amazing tales of Roman life and fascinating finds on display. The surrounding villages are worth a look too, with traditional stores and farm shops bursting with fine local produce.

RECOMMENDED ROUTE:

- 1 Starting from the Once Brewed Visitor Centre, head south, follow the lane from Once Brewed for around 800 metres and then turn left onto a lane that leads for another mile straight to the west entrance of Vindolanda Fort. From here you can see the impressive remains of walls and buildings. Also spend some time at the Museum (entrance fee applies) which contains pristine pottery, early travel gadgets and some extraordinary written records - the Roman equivalent of memos that escaped the shredder.
- 2 Leave Vindolanda by the east entrance (near the museum and shop) and turn right onto a lane that heads uphill to join another lane heading north east.
- 3 At a T-junction bear right and keep walking eastwards along the lane. Look left and get your first views of the Whin Sill, the rocky ridge that crosses England, adding its natural defences to the battlements of Hadrian's Wall.
- 4 After 800 metres turn left onto a farm track that leads past Crindledykes Farm, over a small hill and across a large ditch - a Vallum built as part of the defences during Roman times.
- 5 Continue down to the main road, B6318, which runs parallel to the Wall. Take care when crossing the road. Go through a gate, which is marked with the National Trust signs, and follow the track until you reach the museum for Housesteads Fort, the finest fort along the wall.
- 6 From Housesteads continue west along the Wall with superb views in both directions, following Hadrian's Wall Path National Trail.
- 7 Follow the route along the Wall until it drops down to Milking Gap then up over the dramatic cliffs of Steel Rigg to Turret 39A, which also has stunning views.
- 8 Before the next turret a lane crosses the Wall running south. Take this southwards back to Once Brewed.

CONSERVATION TIPS FOR HADRIAN'S WALL:

- As visitors will appreciate, Hadrian's Wall is a fragile environment and the archaeology is easily damaged. You can help protect this World Heritage Site by following the guidance in "Every Footstep Counts" - the country code for Hadrian's Wall. This includes avoiding walking on the Wall itself and if any grass path looks worn, please spread the load by walking alongside the worn line. Your consideration is appreciated now and for future generations.



MAP KEY:

- 1 ROUTE START
- P PARKING
- TOWN/VILLAGE
- PH PUB

POINTS OF INTEREST

- A Vindolanda Roman Fort
- B Housesteads Roman Fort
- C Turret 39A

See pages 56-61 for information on nearby attractions.



TRAVEL & TRANSPORT:

HOW TO GET THERE

From the A1 follow the A69 west past Hexham, turning off at Bardon Mill, and following the signs to Once Brewed.

START/PARKING

Start at Once Brewed car park, off B6318 between Hexham and Haltwhistle.
 OS Map Grid Reference NY794685

PUBLIC TRANSPORT

Why not make use of the Hadrian's Wall Bus AD122 - for a timetable call 01434 322002 or visit www.hadrians-wall.org

EXPLORER MAP OL 43



Craster to Dunstanburgh

ROUTE 18

DISTANCE: 7 KM (4.5 MILES)
GRADE OF WALK: MODERATE
TIME: 2-3 HOURS

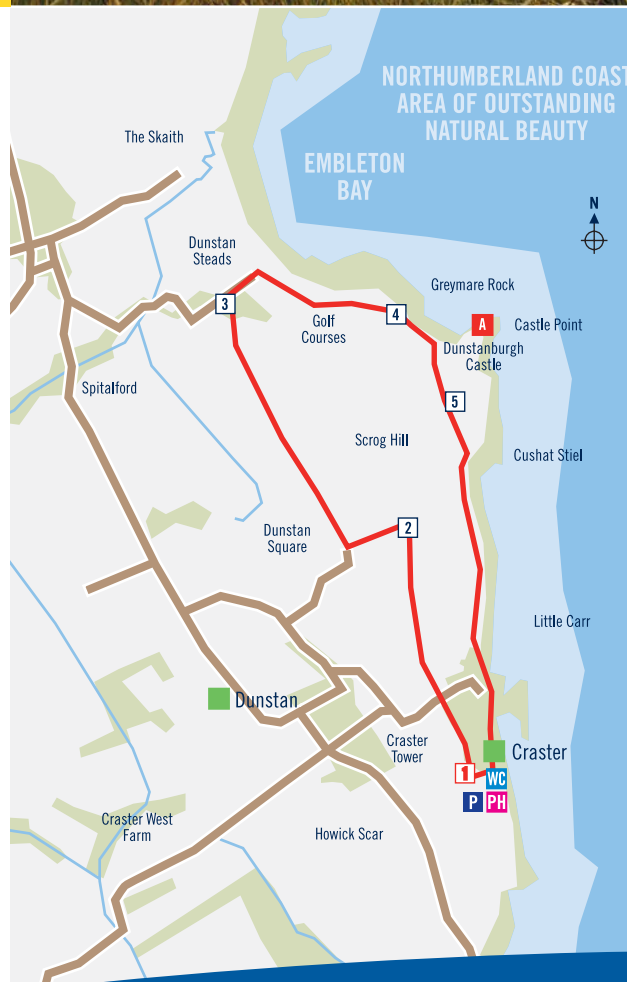
No wonder this is designated an Area of Outstanding Natural Beauty. Here you can marvel at wide, unspoilt beaches, a dramatic 14th Century castle and the traditional fishing village of Craster – try one of the famous kippers from the Robson family smokehouse. Dunstanburgh Castle grounds are open to the public and well worth a visit. Fantastic water features and the world's largest tree-house can be found at The Alnwick Garden, a few miles inland.

RECOMMENDED ROUTE:

- 1 From the Tourist Information Centre cross the road and follow the public footpath signed to Dunstan Square. The path leads under a canopy of overhanging shrubs. After about 100 metres take the right fork which leads through a gate marked with a National Trust way-marker. The path, which leads below the Whinstone Ridge, is indistinct in places but the direction is clear.
- 2 At the kissing gate turn left and go through a five bar gate, ensuring that the gate is closed behind you. Once through the gate, head up the field towards Dunstan Square Farm, keeping to the left-hand side of the field. At the farm go through the gate and turn right, then straight ahead through another gate onto a concrete road. After about 1.5km the road reaches Dunstan Steads Farm.
- 3 Once through the farmyard, turn right onto a narrow road which heads towards the sea and Dunstanburgh Castle Golf Course. Through the boundary gate turn right onto the course and follow the fence line south towards Dunstanburgh Castle.

Please keep to the fence line and do not stray onto the course. Whilst on the golf course beware of flying golf balls at all times.

- 4 After 1km the path rejoins the coast by crossing to the left-hand side of the green, at this point again beware of golfers and golf balls. Follow the path south through a kissing gate. The route skirts to the inland side of Dunstanburgh Castle.
- 5 Just to the south of the castle the path heads south and follows the coast to Craster Village. A short detour to explore the castle is worthwhile and can be made from here. Once at the harbour turn right and back to the Tourist Information Centre.



MAP KEY:

- 1** ROUTE START
- P** PARKING
- WC** WC
- TOWN/VILLAGE**
- PH** PUB

POINTS OF INTEREST

- A** Dunstanburgh Castle

See pages 56-61 for information on nearby attractions.

"People might have assumed I'd go for mountains but this walk is the perfect breakfast pick-me-up jaunt with clear sea air, a spectacular history at Dunstanburgh and kippers. What more could you ask?"

ERIC ROBSON, PRESENTER OF OUT OF TOWN

TRAVEL & TRANSPORT:

HOW TO GET THERE

From the A1 take the B1340 and follow the signs to Craster.

START/PARKING

The Tourist Information Centre. There is ample car parking situated to the rear. OS Map Grid Reference NU256198

PUBLIC TRANSPORT

To plan your route call 0870 608 2608 or visit www.traveline-northeast.co.uk

EXPLORER MAP 332



Holy Island Discovery

ROUTE 19

DISTANCE: 5 KM (3 MILES)
GRADE OF DIFFICULTY: EASY
TIME: 2-3 HOURS

STILES ON ROUTE

Joined to the mainland by a causeway exposed twice daily at low tide, Holy Island or Lindisfarne is the cradle of England's Christian heritage. The Castle and Priory, where the famous Gospels were written, can be visited from the route. The walk is also excellent for birdwatchers, and you can take a boat trip from nearby Seahouses to visit the Farne Islands to see puffins. Afterwards, relax and unwind with a glass of Lindisfarne Mead.

RECOMMENDED ROUTE:

- 1 From the car park, turn left and head up the road. Turn left along Green Lane (signposted coach/disabled parking). Pass the coach park and turn right and then left towards the castle. Look for Post 1 near the fourth gate on your left approximately 200 metres along the road. Look seaward. The tall beacons ahead of you helped sea-going vessels chart a course out of the natural harbour, known locally as the Ouse.
- 2 Continue along the road, and find Post 2 on the right just through the castle gate. The Whin Sill, a line of very hard rock running across northern England, provides a foundation for the 16th Century castle. You are standing at the end of a 19th Century waggonway which brought limestone, quarried in the north of the island, to be burnt in limekilns by the castle. Follow this track to the left of the castle.
- 3 Do not go under the bridge, but climb up onto the waggonway. Walk until you reach Post 3 next to the gate. Looking out to sea in clear weather, you see the Farne Islands. They are home to many grey seals and thousands of seabirds including guillemots, puffins and kittiwakes, which breed there.
- 4 Continue along the waggonway to Post 4. If you look across to the foreshore you may see wading birds.
- 5 Continue along the waggonway, to Post 5, at the bird hide by the Lough. From inside the hide, you can watch waterfowl such as little grebe, shoveler, mallard, moorhen and coot.
- 6 Continue along the waggonway over a stile, until you reach the kissing gate and Post 6, where you enter the Reserve. Turn left, following the path beside the farm wall. Look out for flowering plants such as a bird's foot trefoil and silverweed.
- 7 At the wall corner, you reach Post 7. The grassland here is grazed by rare breeds of sheep in late summer.
- 8 Please keep to the path, continuing until it meets the Straight Lonnen at Post 8 bearing left. You may see moths and butterflies, some attracted to the bright yellow flowers of ragwort in summer. Head along the track through a farm leading back to the coach park. From here head back to the car park.

PLEASE NOTE: Do not attempt to cross the causeway at any other time than the safe crossing times, as the tide comes in very rapidly and is dangerous.



MAP KEY:

- 1** ROUTE START **WC** WC
P PARKING

POINTS OF INTEREST

- A** Lindisfarne Priory
B Upturned Boats
C Lindisfarne Castle
D Bird Hide

See pages 56-61 for information on nearby attractions.



TRAVEL & TRANSPORT:

HOW TO GET THERE

Holy Island is signposted from the A1 south of Berwick-upon-Tweed.

START/PARKING

Park in the visitor car park signposted after leaving the causeway. OS Map Grid Reference NU12542

PUBLIC TRANSPORT

Visit www.northumberland.gov.uk/vg/holyisland/ or contact Berwick Tourist Information Centre on 01289 330733 for details of the tide times and bus service to the island.

EXPLORER MAP 340



Kielder - Duke's Trail

ROUTE 20

DISTANCE: 3 KM (1.75 MILES)

GRADE OF DIFFICULTY: EASY/MODERATE

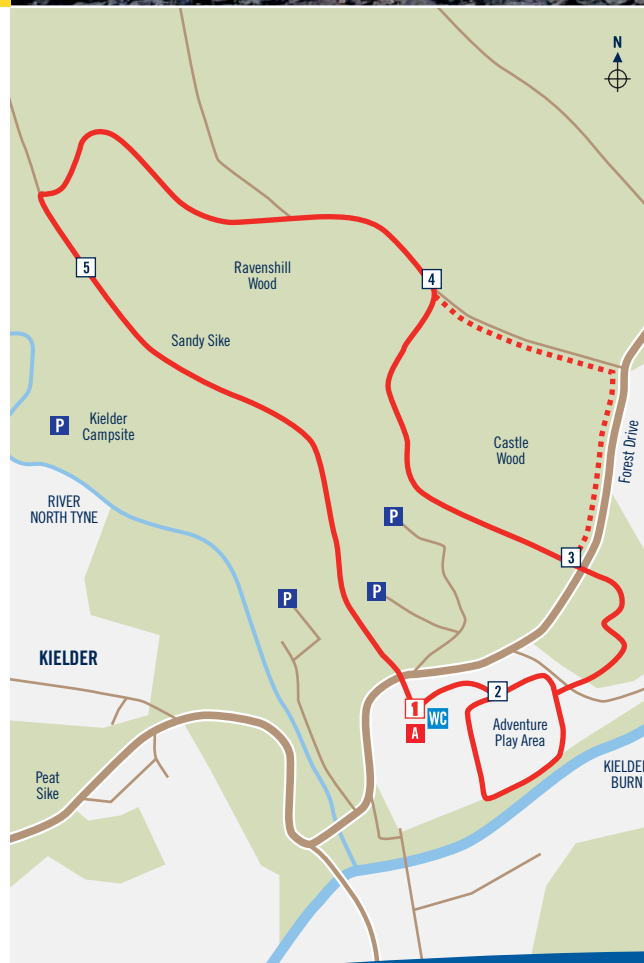
TIME: 1-2 HOURS

SUITABLE FOR: 

Here you'll find something for everyone: ancient woodland with ash, oak, alder, hazel and all the wildlife they bring - there's even an adventure playground for the kids. You'll discover a wealth of other exciting things to do off route too. Explore thought provoking sculptures; go on a Water Cruise; go camping; try windsurfing; make feathered friends at the Bird of Prey Centre or take a trip to nearby Otterburn Mill. Decisions, decisions.

RECOMMENDED ROUTE:

- 1 Start in the grounds of the 18th Century Kielder Castle, the former hunting lodge of the Duke of Northumberland, and the main centre for information about the forest. The Castle also houses a series of exhibitions about the forest and its wildlife, together with a gift shop and licensed restaurant.
- 2 Follow the trail around the adventure play area, passing Kielder Burn on your right.
- 3 A spur takes wheelchair users up Castle Hill. Walkers looking for a more challenging route can cross the Forest Drive, reaching Ravenshill Wood after a quarter of a mile.
- 4 Continue along the route through the ancient semi-natural woodland of Ravenshill Wood which includes ash, oak, alder and hazel. There is a total of 25 hectares of ancient semi-natural woodland in Kielder Forest.
- 5 A gradual descent takes you close to Kielder Campsite, a picturesque 70 pitch camping and caravanning site in Kielder Village, before the forest road leads you back to Kielder Castle.



MAP KEY:

1 ROUTE START **WC** WC
P PARKING

POINTS OF INTEREST

A Kielder Castle

See pages 56-61 for information on nearby attractions.



TRAVEL & TRANSPORT:

HOW TO GET THERE

From the A1, follow the A69 west from Newcastle - Hexham. At Corbridge follow the A68 north then pick up the B6318 and B6320 towards Bellingham. From Bellingham follow the signs to Kielder.

START/PARKING

Kielder Castle.

OS Map Grid Reference NY632935

PUBLIC TRANSPORT

To plan your route call 0870 608 2608 or visit www.traveline-northeast.co.uk

EXPLORER MAP OL 42

Rothbury

ROUTE 21

DISTANCE: 8 KM (5 MILES)
GRADE OF DIFFICULTY: MODERATE
TIME: 2-3 HOURS

STILES ON ROUTE

The picturesque town of Rothbury makes the perfect centre for a day in the hills. This route takes you among the beautiful heather moors from which you can look down upon the town and also enjoy breathtaking views of the Cheviot Hills. Rothbury itself has earned an enviable local reputation for its cafes – try a sustaining cuppa and cake. A little further afield, the beautiful National Trust properties of Cragside and Wallington both have stunning houses and gardens to explore and the surrounding villages along the Coquet Valley are also worth a visit. The whole area has strong connections with Northumbrian music – visit the Northumberland National Park Centre in Rothbury for more details.

RECOMMENDED ROUTE:

- 1 From Cowhaugh car park, cross the footbridge and follow the path straight ahead towards the centre of Rothbury. Cross the main road to the shops, and turn left following the pavement uphill. Bear right before St Agnes Catholic Church, ignore the public footpath to Hillside Road, and follow the pavement to the top of the hill, then continue straight ahead along Hillside West.
- 2 At the junction continue straight ahead along the track signposted to Physic Lane. Continue up the track and as it bends left take the path marked straight ahead along the stone wall. Climb a wooden stile and continue up the hill.
- 3 At the top of the hill cross a stone wall using the stone stile, and continue across the field to another stone stile (about 30 metres down from a gate). Continue across a second field (slightly downhill) to reach a wooden stile.
- 4 Turn right onto a path (known as Physic Lane) and follow it through a gate and around the edge of the wood bearing right and then left towards open moorland - ignore the two gates on your right as you walk.
- 5 Go through the gate that crosses the path and opens up to moorland. Cross the track in front of the gate and bear diagonally right up through the moorland on a rough path to join a stony track. Turn right and follow this track as it meanders across the heather moor, past the television and mobile phone masts and eventually to a gate into the woodland - stop and take in the breathtaking views.
- 6 Continue on the long track through the woodland, ignoring a public footpath on the right (this descent is very steep!).
- 7 After several sharp bends take the path marked to the right. Continue along this path and go straight ahead across a track and behind some houses - through a narrow path. Follow the path downhill and bear left at the bottom to pass between houses to reach the road.
- 8 Turn right onto the road (Hillside East) and after a few metres turn left, down some steps. Follow the footpath towards the town heading through several kissing gates. At the stone terrace turn right, follow the road down past the school and turn right at main road. To reach the car park, cross the road and take the main road on the left, which goes past the Post Office and toilets. Cross the bridge and turn right back to the car park.



MAP KEY:

- 1 ROUTE START
- P PARKING
- WC WC
- TOWN/VILLAGE
- ✕ CHURCH

POINTS OF INTEREST

- A St Agnes Catholic Church
- B Physic Lane

See pages 56-61 for information on nearby attractions.



TRAVEL & TRANSPORT:

HOW TO GET THERE

Follow the A1 north, turning onto the A697 north of Morpeth. Take the B6344 towards Rothbury.

START/PARKING

Start the walk at Cowhaugh car park. Enter Rothbury and turn left along Bridge Street, signposted B6342 to Cambo. Cross the bridge and turn right towards the car park. OS Map Grid Reference NU057015

PUBLIC TRANSPORT

To plan your route call 0870 608 2608 or visit www.traveline-northeast.co.uk

EXPLORER MAP OL 42



Bolam Lake to Shaftee Crags

ROUTE 22

DISTANCE: 10 KM (6 MILES)

STILES ON ROUTE

GRADE OF DIFFICULTY: MODERATE

TIME: 2-3 HOURS

There's something different everywhere you turn on this one! Peaceful farmland, border defences, weird and wonderful rock formations, woodland and lake views. If you're up to further exploring afterwards, Belsay Hall, Castle and Gardens is just a short drive away, with its amazing neo-classical architecture, romantic ruins and a rather good tearoom. Alternatively, you can soak up some of the area's musical heritage at Morpeth's Bagpipe Museum.

RECOMMENDED ROUTE:

- 1 From the car park turn right onto the road and at the road junction turn left, then right through 'White Gate', next to Bolam Low House. Cross the field diagonally to the stile in the field corner, cross and walk straight ahead towards a wooden bridge. Cross and carry on along the edge of the field. Cross the ladder stile and walk through the plantation. At the end of the plantation take the right fork to cross a small footbridge, then cross a stile on the left, onto the track.
- 2 Bear right along the track, through the gates and over the footbridge. Head diagonally across the field towards the farm buildings ahead (Sandyford). At the road bear left, passing Sandyford on your right, continue on along the road until you come to West Toftthill on your right (house).
- 3 After passing West Toftthill, just before the main road, turn right at the signpost to East Shaftee Hall. Follow the track ahead through the fields to the Hall, a Grade 1 listed building described as a Pele tower, a defensive building commonly built during the border raids. **Please note this is a private residence.**
- 4 Just in front of East Shaftee Hall, turn left along the track, through the gate on to Shaftee Crags. Follow the path round and you will come to a strange rock formation on the left - this is the Devil's Punchbowl. Access to the basin is by way of footholds and **climbing onto the rock should be done with great care as there is a sheer drop to the south.**
- 5 Continue along the track passing Shaftee Grange to the left. Keep the boundary wall to your left and follow the track around to the right at Salter's Nick.
- 6 Continue along the track, pass through a gate, keep the boundary wall to your left and continue through the field. Go through another gate and follow the track straight ahead until you come to Bolam West Houses.
- 7 Turn right at the crossroads and walk along the road to the barrier opposite the turn to Harnham. Enter the woods, bear right along to West Wood car park and continue along the lakeside (to the left) to Low House Wood car park.



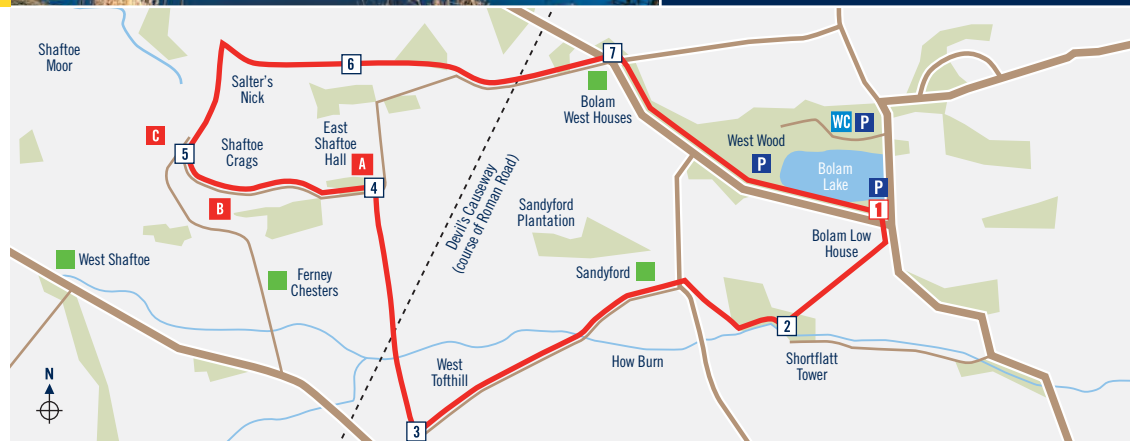
MAP KEY:

- 1 ROUTE START
- P PARKING
- TOWN/VILLAGE
- WC WC

POINTS OF INTEREST

- A East Shaftee Hall
- B Devil's Punchbowl
- C Shaftee Grange

See pages 56-61 for information on nearby attractions.



"I love this walk as it shows off the best of southern Northumberland in all its rolling beauty. It also demonstrates the easy accessibility of this stunning countryside as Bolam Lake is a half-hour drive from Newcastle."

JOHN MIDDLETON, ACTOR

TRAVEL & TRANSPORT:

HOW TO GET THERE

Follow the A696 past Newcastle International Airport towards Jedburgh. Just through the village of Belsay turn right to Bolam Lake and turn left into Low House Wood car park (signed).

START/PARKING

Low House Wood car park.
OS Map Grid Reference NZ083816

PUBLIC TRANSPORT

To plan your route call 0870 608 2608 or visit www.traveline-northeast.co.uk

EXPLORER MAP OL 42

Humbleton Hill, The Cheviots

ROUTE 23

DISTANCE: 6.5 KM (4 MILES)
GRADE OF DIFFICULTY: MODERATE
TIME: 2-3 HOURS

STILES ON ROUTE

Nestled at the foot of the Cheviot Hills, the bustling market town of Wooler is the starting point for this exhilarating walk with its equally exhilarating panoramic views from the top of Humbleton Hill. The town itself is a treasure trove of tiny shops, inns and cafes and makes an excellent base for a walking holiday. The picture-perfect villages of Ford and Etal nearby hold many attractions such as a working water mill, miniature railway, Etal Castle, Lady Waterford Hall and quaint tea shops. Just a few miles away and well worth a visit is Chillingham Castle.

RECOMMENDED ROUTE:

- 1 From the bus station in the centre of Wooler, turn right along the High Street, bearing left along Burnhouse Road, leaving the town behind.
- 2 After passing Highburn House Caravan and Camping Park, turn left along the public footpath, signposted 'Humbleton'. Cross the field and continue through the gates.
- 3 At the lane, turn left uphill passing through the hamlet of Humbleton, and left again at the telephone box.
- 4 Turn right off the lane along bridleway signposted 'Gleadscleugh'. Cross over the stile and walk straight on, past the pond.
- 5 Leaving the bridleway, bear left to follow yellow footpath arrows along the track next to a fence. Cross over the stile and continue on a track which climbs steadily around the hill.
- 6 Climb steadily round and up the hill until the track forks near a gate. Turn left uphill by this gate, crossing a stile over a fence, and then following the permissive footpath which climbs, with the ravine to your right, across the ramparts and to the top of Humbleton Hill.
- 7 From the summit cairn, retrace your steps for 20 metres and turn left through a gap in the stone ramparts. Continue downhill on a clear grassy path following the waymarker posts to a gate.
- 8 Go through the gate and turn right. Continue up the hill on the track. Pass through a gate, and after 40 metres turn left and through another gate gradually downhill towards the trees ahead.
- 9 Follow the track in through a gate, into the woods and along a path leading down to Wooler Common.
- 10 Turn left at the bottom of the hill to follow Forest Enterprise's handrailed path with Humbleton Burn and ponds on your right.
- 11 When the surfaced path curves round to the right to a picnic and bird-feeding area, continue straight ahead along a path, to cross the burn and join the road.
- 12 Turn left onto Common Road which becomes Ramsey's Lane and leads you back into Wooler.



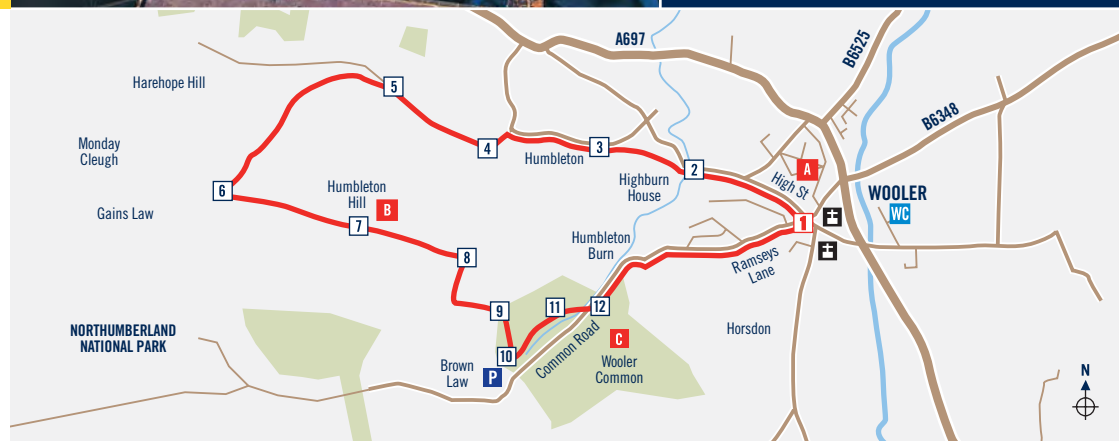
MAP KEY:

- 1** ROUTE START **CH** CHURCH
- P** PARKING **WC** WC

POINTS OF INTEREST

- A** The Cheviot Centre
- B** Iron Age Humbleton Hillfort
- C** Wooler Common

See pages 56-61 for information on nearby attractions.



TRAVEL & TRANSPORT:

HOW TO GET THERE

From the A1, Wooler is reached along the A697 Morpeth-Coldstream road.

START/PARKING

The Cheviot Centre, Wooler High Street.
OS Map Grid Reference NT991280

PUBLIC TRANSPORT

To plan your route call 0870 608 2608
or visit www.traveline-northeast.co.uk

EXPLORER MAP OL 16



Long Distance Walks

The uncrowded landscape of much of North East England makes it a natural choice for the long distance walker - in fact the tempting variety of routes on offer means it's not so much a case of where to go as where to stop! From the 62 miles of peaceful contemplation along St. Cuthbert's Way to the 268-mile Pennine Way National Trail, there's an itinerary to suit every level of ability or length of stay. For the less seasoned walkers amongst you, the following routes can be broken down into shorter walks which are equally as enjoyable.

RECOMMENDED ROUTES:

Teesdale Way

LOCATION: DUFTON, CUMBRIA,
TO TEESMOUTH, TEES VALLEY

DISTANCE: 161 KM (100 MILES)

TIME: 8 DAYS

WEB: www.ramblers.org.uk

The Tees is as much a North East England treasure as the Lindisfarne Gospels or Durham Cathedral, and this delightful walk follows its mighty meanderings from its source on the Cumbrian Fells to the sea. The landscape is spectacular, from whinstone cliffs and heather moors to traditional Dales towns. There's a glorious pastoral heartland of steep wooded valleys and abbey ruins, castles and hamlets, farms and fields, before the river finally reaches the sea against the proud industrial backdrop of Middlesbrough. Interesting features along the way include High Force - England's largest waterfall, the Fairy Cupboard miniature caves and the historic towns of Barnard Castle, Darlington and Stockton-on-Tees.

St. Cuthbert's Way

LOCATION: MELROSE, SCOTTISH BORDERS, TO
LINDISFARNE, NORTHUMBERLAND

DISTANCE: 100 KM (62 MILES)

TIME: 4 DAYS

WEB: www.st-cuthberts-way.co.uk

Opened in 1996, this award-winning route begins in the Scottish Border town of Melrose, where St Cuthbert started his ministry in 650 AD, striking out through the Cheviots and wild Border Reiver country to Holy Island (Lindisfarne), where he died. Among the many highlights are the beautiful Newtown St Boswells to Maxton stretch along the banks of the River Tweed; the Border crossing at Eccles Cairn and superb views from the Cheviots back towards Scotland and ahead into the Northumberland valleys. Also of historic interest is St Cuthbert's Cave, where the monks rested with St Cuthbert's body in 875 AD, when Viking invaders forced them to flee.



Cleveland Way National Trail

LOCATION: HELMSLEY TO FILEY

DISTANCE: 177 KM (110 MILES)

TIME: 9 DAYS

WEB: www.nationaltrail.co.uk/clevelandway

A favourite for over 35 years, the Cleveland Way offers a superb opportunity to enjoy the best of both worlds. The first half of the route passes through classic moorland, forest and upland scenery, giving you panoramic views over the Cleveland Hills and the rest of the North York Moors National Park. Once you reach Saltburn, the second half follows the dramatic coastline and runs along the top of some of the highest sea cliffs in the country. The peace and quiet of the moors followed by a thrilling sea breeze in your hair. What could be better than that?

Pennine Way National Trail

LOCATION: KIRK YETHOLM, SCOTTISH BORDERS,
TO EDALE, PEAK DISTRICT, DERBYSHIRE

DISTANCE: 429 KM (268 MILES)

TIME: 16 DAYS

WEB: www.nationaltrail.co.uk/pennineway

Britain's first National Trail celebrates its 40th anniversary this year. The Way chases the Pennine Hills along the backbone of England from the Scottish Borders, over Hadrian's Wall and through three National Parks to Derbyshire, along old miners' tracks, packhorse trails and drove roads. Equally rewarding as a continuous walk over a couple of weeks or a series of weekends or day-trips, it offers some of the finest landscape features in upland Britain, including the 21-metre cascade of High Force and High Cup Nick, a deep-sided gorge in the Whinstone Cliffs, hemmed in by dramatic screes and imposing columns of dolerite rock.

Hadrian's Wall Path National Trail

LOCATION: BOWNESS-ON-SOLWAY, CUMBRIA,
TO SEGEDUNUM, TYNESIDE

DISTANCE: 135 KM (84 MILES)

TIME: 7 DAYS

WEB: www.nationaltrail.co.uk/hadrianswall

How many walks offer an unbroken trail from coast to coast with almost all of it in a World Heritage Site? This route passes through some of the most beautiful parts of England, from rolling fields and rugged moorland to the vibrant cities of Newcastle Gateshead and Carlisle. In 122 AD the Wall marked the northernmost frontier of the Roman Empire and there is a breathtaking panorama along much of the route. The Trail, with links to more than 80 short walks, is ideal for day visits, short breaks or a week-long holiday.

Weardale Way

LOCATION: WEARMOUTH, TYNE & WEAR
TO WEARHEAD, COUNTY DURHAM

DISTANCE: 117.5 KM (73 MILES)

TIME: 6 DAYS

One of North East England's best kept secrets, the first few miles of this trail give an insight into the area's world-famous industrial heritage until, before long, the route is magically transformed into a breathtaking riverside stroll. It is literally a walk through history, taking in the magnificent Lumley Castle, Finchdale Priory and what Bill Bryson termed 'The best cathedral on Planet Earth' at Durham as well as Binchester Roman Fort and the amazing tiny Saxon Church at Escomb.



Britain On The Move



ITV's national campaign Britain On The Move was launched to encourage the nation to walk a recommended 10,000 steps a day to help combat a variety of health problems. Each of the eleven ITV regions promotes the campaign through a variety of programmes and off-screen events. The first year saw 14 million people visit the website, and 500,000 people phoning the freephone helpline for information about walking in their area.



"I was born on the edge of the Fens in Lincolnshire, flat with little natural landscape left, which is probably why I straight away fell in love with the moors and dales of the North East. Later came a fondness for its people. I tramp over the winter hills and I stroll through the cool, green woods in the lazy Dog Days of summer. I love every second. This is my North East. My home."

ANDY KLUZ, PRESENTER



"Whether it's my 'Geordie' bloodline or the feeling of affinity us Scots have with North East England, I just think how lucky I am to live and work in the region. I have walked the coast, the dales, the moors and the rivers and enjoyed breathtaking scenery and wonderful, friendly banter wherever I've been, not to mention the million gallons of fresh air that it is our privilege to breathe. God's own Country indeed."

BOB JOHNSON, WEATHERMAN



"Over the years, in the programmes I have been involved in with Tyne Tees - Grundy Goes and Grundy's Wonders - we have been lucky enough to explore the North East as it actually is. No one can deny that the region is awash with all of these things. Just let them try! But the region is more than its countryside; it's an enthrallingly complicated mix of natural beauty, industry, history and industrial history, rural peace and urban energy. That's the combination which makes it unique."

JOHN GRUNDY, PRESENTER



"I'm always delighted to show visitors our wonderful region. We have such diverse and stunning scenery from the hills to the coast and rivers and our many picturesque towns and villages. Living in the Tees Valley I find visitors are fascinated by the history of the area and go away with an enlightened perception of the North. Having presented 'Your Town on the Telly' which took us to just about every town in the North East I can honestly say whichever walk you choose the locals will give you a very warm welcome."

PAM ROYLE, PRESENTER



"During many years making the Dales Diary programme I've travelled all over the high country, and it's made me realise how blessed the Tees Valley region is to have such enchanting landscape around it. There are the Cleveland Hills, the Hambletons, the North York Moors and, to the west, the Dales. The region's attractions are a surprisingly well-kept secret from outsiders. It's almost a shame to sing their praises too loudly."

LUKE CASEY, PRESENTER



"The view westward from my chosen walk, looking down into the Wansbeck valley from Shaftoe Crag is breathtaking. To the north west you can see Wallington Hall and to the north you can see the little village of Middleton. No wonder I enjoy this walk! How lucky we are, if we are lucky enough to be mobile, to have this lovely country on our doorsteps in which we can step out, take in its splendour and get fit."

JOHN MIDDLETON, ACTOR



"There is no more varied walking patch in the whole of Britain. From the Cheviots to the coast, from the ironstone hills of Cleveland to the perfections of Teesdale. If anyone thinks they know of anywhere better they're wrong."

ERIC ROBSON, PRESENTER



"The North East coast has much to offer. Close to the walk I've chosen, in nearby Sunderland you have the National Glass Centre, the fabulous Stadium of Light and the new Winter Gardens. A stone's throw from Souter is the beautiful village of Whitburn with welcoming pubs or you can watch the many varieties of seabirds which nest on the Marsden Rock. Further afield there's majestic Durham Cathedral and castles galore and a history to rival anywhere in Britain."

DENISE ROBERTSON, AUTHOR/AGONY AUNT

ITV Tyne Tees teamed up with the British Heart Foundation to organise events in the North East for ITV's National Day of Walking. We hope that millions of people will step up to the ITV Britain On The Move challenge and get walking in cities and the countryside across the nation.



Attractions

DIRECTORY

Walking North East England is a major attraction in itself, but you'll find hundreds more on your travels for all ages, interests and abilities to enjoy. This is your guide to some of the region's most fascinating, unusual, exciting and fun places to go and sights to see. Many of the places featured organise programmes of special events all year round - we've included contact telephone numbers and website addresses to help you find out more - and for a full list of attractions go to www.visitnorthumbria.com

ROUTE(S):	ATTRACTION:	CONTACT DETAILS:
18, 21, 23	ALNWICK CASTLE, ALNWICK Largest inhabited castle in England after Windsor Castle and home of the Percys, Dukes of Northumberland since 1309.	01665 510777 www.alnwickcastle.com
12, 13, 14	ARBEIA ROMAN FORT AND MUSEUM, SOUTH SHIELDS Fort remains, museum, reconstructions of fort gateway, barracks and officer's house and summer excavations.	0191 456 1369 www.twmuseums.org.uk
5, 7, 8	AUCKLAND CASTLE, BISHOP AUCKLAND Historically the Prince Bishops' country residence, home to the Bishop of Durham.	01388 601627 www.auckland-castle.co.uk
11, 12, 14	BALTIC CENTRE FOR CONTEMPORARY ART, GATESHEAD Major international centre for contemporary art, situated on the south bank of the River Tyne in Gateshead.	0191 478 1810 www.balticmill.com
18, 19, 23	BAMBURGH CASTLE, BAMBURGH Magnificent coastal castle completely restored in 1900.	01668 214515 www.bamburghcastle.com
10, 11, 13, 14	BEAMISH, THE NORTH OF ENGLAND OPEN AIR MUSEUM Experience life as it was in the 1800s and 1900s. This is more than history - it's a vast living and working experience of the way life used to be.	0191 370 4000 www.beamish.org.uk
12, 13, 14	BEDE'S WORLD, JARROW Discover the exciting world of the Venerable Bede, early medieval Europe's greatest scholar.	0191 489 2106 www.bedesworld.co.uk
11, 14, 15, 21, 22	BELSAY HALL, CASTLE AND GARDENS, BELSAY  Home of the Middleton family for 600 years in 30 acres of landscaped gardens with winter garden.	01661 881636 www.english-heritage.org.uk
16, 19	BERWICK BARRACKS, BERWICK-UPON-TWEED  Barracks designed from 1717-21 and garrisoned until 1964. Houses exhibition, museums and art collections.	01289 304493 www.english-heritage.org.uk

11, 12, 14	BISCUIT FACTORY, NEWCASTLE UPON TYNE A vibrant, relaxed environment of the highest quality with a wide range of art.	0191 2611103 www.thebiscuitfactory.com
21, 22	BRINKBURN PRIORY, LONGFRAMLINGTON  Founded in 1135 for the canons of the Augustinian order. Repaired in 1858 and survives in its entirety.	01665 570628 www.english-heritage.org.uk
1, 2, 3, 4	CAPTAIN COOK BIRTHPLACE MUSEUM, MIDDLESBROUGH Dedicated to the world's most famous navigator and explorer.	01642 311211 www.captcook-ne.co.uk
11, 12, 14	CASTLE KEEP, NEWCASTLE UPON TYNE Built 1168-1178 and one of the finest surviving examples of a Norman keep in the country with panoramic views of the city from the roof.	0191 232 7938 www.castlekeep-newcastle.org.uk
16, 19	CHAIN BRIDGE HONEY FARM, BERWICK-UPON-TWEED Showroom detailing beekeeping, the history and biology of honeybees, wasps and bumblebees.	01289 386362 www.chainbridgehoney.co.uk
6, 11, 14, 15, 17	CHESTERS ROMAN FORT, CHOLLERFORD  Fort built for 500 cavalymen. Finest military bath house in Britain.	01434 681379 www.english-heritage.org.uk
6, 11, 14, 15, 17	CHESTERS WALLED GARDEN, CHOLLERFORD Beautiful 2-acre walled garden containing a unique herb collection.	01434 681483 www.chesterswalledgarden.co.uk
16, 18, 19, 23	CHILLINGHAM CASTLE, CHILLINGHAM Medieval fortress with Tudor additions, torture chamber, shop, dungeon, tearoom, woodland walks, furnished rooms and topiary garden.	01668 215359 www.chillingham-castle.com
6, 11, 14, 15, 17	CORBRIDGE ROMAN SITE, CORBRIDGE  Extensive remains include 2 large granaries, strong room, headquarters building, fountain house, aqueduct, 2 military compounds, Stanegate road and museum.	01434 632349 www.english-heritage.org.uk
18, 21, 22, 23	CRAGSIDE HOUSE, GARDENS AND ESTATE, ROTHBURY  Revolutionary home of Lord Armstrong, Victorian inventor and landscape genius. House, gardens, woodland and lakeside walks.	01669 620333 www.nationaltrust.org.uk
9, 10, 11, 12, 13	CROOK HALL AND GARDENS, DURHAM Medieval hall with Jacobean drawing-room, turret and gallery set in four acres of gardens.	0191 384 8028 www.crookhallgardens.co.uk
9, 10, 13	DALTON PARK, MURTON, SEAHAM Outlet shopping with up to 50% off the best brands. Cafés, crèche and children's play area, all within 55 acres of parkland.	0191 526 6500 www.dalton-park.co.uk
2, 3, 4, 7, 10	DARLINGTON RAILWAY CENTRE AND MUSEUM, DARLINGTON Restored 1842 station housing a collection of exhibits relating to railways in North East England, including Stephenson's Locomotion.	01325 460532 www.drcom.org.uk
18, 19, 21, 23	DUNSTANBURGH CASTLE, CRASTER  Romantic ruins of extensive 14th Century castle in dramatic coastal situation on 100ft cliffs. Built by Thomas, Earl of Lancaster.	01665 576231 www.english-heritage.org.uk
9, 10, 11, 12, 13	DURHAM CASTLE, DURHAM Castle founded in 1072, Norman chapel dating from 1080. Fine example of motte-and-bailey castle.	0191 334 4106 www.durhamcastle.com
9, 10, 11, 12, 13	DURHAM CATHEDRAL, DURHAM Thought by many to be the finest example of Norman church architecture in England. Houses the tombs of St Cuthbert and The Venerable Bede.	0191 386 4266 www.durhamcathedral.co.uk



Attractions

DIRECTORY

ROUTE(S):	ATTRACTION:	CONTACT DETAILS:
11, 12, 14	ELDON SQUARE SHOPPING CENTRE, NEWCASTLE UPON TYNE Discover a concentration of quality shopping, from exclusive shops to major department stores.	0191 261 1891 www.eldon-square.co.uk
7, 8, 10	ESCOMB SAXON CHURCH, ESCOMB The Saxon church at Escomb is one of the finest in England. Dating back to the 7th Century it contains a Roman arch and stonework.	01388 662265
16, 19, 23	FORD AND ETAL, BERWICK-UPON-TWEED A 6000 hectare rural estate in beautiful countryside holds many attractions for all its visitors.	01890 820 338 www.ford-and-etal.co.uk
9, 10, 11, 12, 13	GALA THEATRE, DURHAM The Gala Theatre programmes a wide range of shows, both professional and community.	0191 332 4041 www.galadurham.co.uk
11, 12, 14	GATESHEAD MILLENNIUM BRIDGE, GATESHEAD A stunning pedestrian and cycle bridge, linking both sides of the River Tyne, which operates like the giant lid of an eye slowly opening, forming an arch under which ships can pass.	0191 478 4222 www.gateshead.gov.uk/bridge
6, 11, 12, 13, 14	GIBSIDE, BURNOPFIELD 🏰 16 miles of riverside and woodland walks past ruined buildings currently undergoing restoration. Also an 18th Century Chapel to view.	01207 541820 www.nationaltrust.org.uk
1, 2, 3, 4	GISBOROUGH HALL, GUISBOROUGH Built in 1857, with the east wing added in 1902, this Grade II Listed Victorian Hall has been carefully refurbished and developed as a country house hotel with landscaped gardens.	0870 4008191 www.gisboroughhall.com
1, 2, 3, 4	GISBOROUGH PRIORY, GUISBOROUGH Remains of a priory founded by Robert de Brus in AD1119. One of the greatest monasteries in the North East.	01287 633801
1, 2, 3, 4, 7, 9, 10	HARTLEPOOL HISTORIC QUAY, HARTLEPOOL An exciting reconstruction of a seaport of the 1800s with buildings and lively quayside, authentically reconstructed.	01429 860006 www.destinationhartlepool.com
6, 11, 14, 15, 17	HEXHAM ABBEY, HEXHAM Saxon crypt, 15th Century paintings, misericords and Saxon chalice, 7th Century Frith Stool and Augustian night stair.	01434 602031 www.hexhamabbey.org.uk

1, 2, 3, 4	HM BARK ENDEAVOUR, STOCKTON-ON-TEES A full-size replica of Captain Cook's ship, HM Bark Endeavour, provides an entertaining and educational day out.	01642 608038 www.castlegatequay.co.uk
6, 11, 14, 15, 17	HOUSESTEADS ROMAN FORT, HAYDON BRIDGE 🏰 Best preserved and most impressive of the Roman forts. Vercovicium was a fort for an 800 civil settlement. Only example of a Roman hospital.	01434 344363 www.english-heritage.org.uk
15, 17, 20, 21	KIELDER WATER BIRDS OF PREY CENTRE, KIELDER One of the largest and most fascinating collections of birds of prey in the North of England, located within the magnificent forest surrounding Kielder Water.	01434 250400
15, 17, 20, 21	KIELDER WATER CRUISES, KIELDER Cruise around Kielder Water in an 80-passenger cruiser.	0870 2403549 www.nwl.co.uk/kielder
5, 6, 8	KILLHOPE, THE NORTH OF ENGLAND LEAD MINING MUSEUM National award winning museum at Cowhill. Mine tours and hands on exhibitions.	01388 537505
1, 2, 3, 4	KIRKLEATHAM MUSEUM, REDCAR 17th Century house with permanent and changing exhibitions on art, coast and country, ironstone mining and social history.	01642 479500 www.redcar-cleveland.gov.uk/museums
11, 12, 14	LIFE SCIENCE CENTRE, NEWCASTLE UPON TYNE Meet your four billion-year-old family, explore what makes us all different, test your brain power and enjoy the thrill of the crazy motion ride.	0191 243 8223 www.lifesciencecentre.org.uk
16, 19, 23	LINDISFARNE CASTLE, HOLY ISLAND 🏰 Dramatic Tudor fort converted into an intimate holiday home in 1903 for Edward Hudson by architect Sir Edwin Lutyens. With charming Gertrude Jekyll walled garden.	01289 389244 www.nationaltrust.org.uk
16, 19, 23	LINDISFARNE PRIORY AND MUSEUM, HOLY ISLAND 🏰 Impressive ruined Benedictine priory. Founded AD635 by St Aidan from Iona. Considered the birthplace of Christianity in Britain. Re-founded in late 11th Century by monks.	01289 389200 www.english-heritage.org.uk
2, 4, 7, 8, 9, 10	LOCOMOTION, THE NATIONAL RAILWAY MUSEUM, SHILDON View 60 vehicles and a workshop. Education centre, retail and catering.	01388 772000 www.locomotion.uk.com
2, 5, 7, 10	MEET THE MIDDLETONS, MIDDLETON-IN-TEESDALE Interactive displays, activities for all ages, traditional crafts, local music, gallery area, cartographers, cafe, gift shop and events.	01833 640333 www.meetthemiddletons.com
11, 12, 13, 14	METROCENTRE, GATESHEAD The largest shopping and leisure centre in Europe, where you can find a whole host of small unique shops in themed areas alongside popular high street names.	0191 4930219 or 0191 460 5299 www.metrocentre-gateshead.co.uk
14, 21, 22	MORPETH CHANTRY BAGPIPE MUSEUM, MORPETH This museum specialises in the history and development of Northumbrian small pipes and their music.	01670 500717 www.castlemorpeth.gov.uk
9, 10, 11, 12, 13, 14	NATIONAL GLASS CENTRE, SUNDERLAND Unique visitor attraction presenting the best in contemporary glass.	0191 515 5555 www.nationalglasscentre.com
1, 2, 3, 4	NATURE'S WORLD AT THE BOTANIC CENTRE, MIDDLESBROUGH Demonstration gardens, wildlife pond, white garden, environmental exhibition hall, shop and tearoom.	01642 594895 www.naturesworld.org.uk



Attractions

DIRECTORY

ROUTE(S):	ATTRACTION:	CONTACT DETAILS:
15, 20, 21, 22	OTTERBURN MILL, OTTERBURN Retailers of high quality woollen rugs, knitwear and gifts.	01830 520225 www.otterburnmill.co.uk
11, 12, 14	PATH HEAD WATERMILL, BLAYDON-ON-TYNE 18th Century restored working watermill.	0191 414 6288 www.gatesheadmill.co.uk
9, 10, 11, 12, 13, 14	PENSHAW MONUMENT, SUNDERLAND 🏰 A Doric-style temple built in 1844 to commemorate 1st Earl of Durham. Well-known landmark with paths and woodland.	0191 553 2000
16, 19, 23	POT-A-DOODLE-DO, SCREMERSTON A creative experience with a range of art and craft activities to try.	01289 307107 www.potadoodledo.com
9, 10, 11, 12, 13	PRINCE BISHOP RIVER CRUISER, DURHAM Luxury river cruiser giving views of cathedral, castle and 5 bridges. The commentary includes history, natural history and geography.	0191 386 9525
1, 2, 3, 4	PRESTON HALL MUSEUM & PARK, STOCKTON-ON-TEES A Georgian country house which is a museum of social history set in a park.	01642 781184 www.stockton.gov.uk
5, 7, 8, 10	RABY CASTLE, STAINDROP The medieval castle, built by the mighty Nevilles, has been home to Lord Barnard's family since 1626. Deer park, walled gardens and much more.	01833 660202 www.rabycastle.com
1, 2, 3, 4	SALTBURN'S INCLINED TRAMWAY, SALTBURN-BY-THE-SEA Victorian water-balanced inclined tramway linking the town of Saltburn to the lower promenade and beach.	01287 622 528
1, 2, 3, 4	SALTBURN SMUGGLERS HERITAGE CENTRE, SALTBURN-BY-THE-SEA The Saltburn Smugglers is set in authentic fishermen's cottages. Step back into Saltburn's past and experience the authentic sights, sounds and smells.	01287 625252
9, 10, 11, 12, 13, 14	SEGEDUNUM (WALLSEND) ROMAN FORT, BATHS & MUSEUM Discover life on Hadrian's Wall 1,800 years ago. Explore buildings, excavated ruins, see original remains of wall, fascinating displays and exciting computer interactives.	0191 2955757 www.twmuseums.org.uk

11, 12, 14	SEVEN STORIES, THE CENTRE FOR CHILDREN'S BOOKS, NEWCASTLE Britain's first centre dedicated to children's literature.	0191 276 4289 www.sevenstories.org.uk
9, 10, 11, 12, 13, 14	SOUTER LIGHTHOUSE, WHITBURN 🏰 The world's most advanced lighthouse when built in 1871.	0191 529 3161 www.nationaltrust.org.uk
9, 10, 11, 12, 13	SUNDERLAND EMPIRE THEATRE, SUNDERLAND The region's theatrical 'superpower'; showcasing season-after-season of record-breaking smash hits from West End musicals to opera and ballet; comedy to kids' shows.	0870 6021130 www.getlive.co.uk/sunderland
9, 10, 11, 12, 13	SUNDERLAND MUSEUM & WINTER GARDENS, SUNDERLAND Stunning winter gardens with 1,500 of the world's most exotic flowers, plants and trees.	0191 553 2323 www.twmuseums.org.uk/sunderland
1, 2, 3, 4	TEESSIDE PRINCESS RIVER CRUISER, STOCKTON-ON-TEES One of the most relaxing ways of taking in the scenic views along the River Tees.	01642 608038 www.princessrivercruises.co.uk
18, 21, 23	THE ALNWICK GARDEN, ALNWICK Magnificent 40-acre garden with fabulous Grand Cascade, Rose Garden, Ornamental Garden, Tree House, Labrynth, Poison and Serpent Gardens.	01665 511350 www.alnwickgarden.com
5, 7, 8, 10	THE BOWES MUSEUM, BARNARD CASTLE Originally built by John and Josephine Bowes to display their vast and varied collection of art. Now a world-class visitor attraction and centre for major exhibitions.	01833 690606 www.bowesmuseum.org.uk
11, 12, 14	THE SAGE GATESHEAD, GATESHEAD Pioneering centre for music and musical discovery on the south bank of the River Tyne.	0191 443 4666 www.thesagegateshead.org
11, 12, 14	THEATRE ROYAL, NEWCASTLE UPON TYNE Theatre offering a wide variety of shows from opera to ballet, children's shows to classical drama and light entertainment.	0870 905 5060 www.theatreroyal.co.uk
6, 11, 14, 15, 17	VINDOLANDA (CHESTERHOLM), BARDON MILL Roman fort and settlement.	01434 344277 www.vindolanda.com
15, 20, 21, 22	WALLINGTON HOUSE, WALLED GARDEN & GROUNDS, WALLINGTON 🏰 Escape to the beautiful walled garden and its conservatory or enjoy a walk in the woods or along by the river.	01670 773600 www.nationaltrust.org.uk
18, 21, 22, 23	WARKWORTH CASTLE, WARKWORTH 🏰 Dramatic ruins dating from 12th-14th Century. Owned by the Percy family for 600 years.	01665 711423 www.english-heritage.org.uk
5, 6, 7, 8, 10	WEARDALE MUSEUM & HIGH HOUSE CHAPEL, IRESHOPEBURN The oldest Methodist chapel in the world in continuous weekly use since 1760.	01388 537417 www.argonet.co.uk/users/dtheatherington
9, 10, 11, 12, 13, 14	WILDFOWL AND WETLANDS TRUST, WASHINGTON Hundreds of ducks, geese, swans and flamingos in a delightful parkland setting.	0191 416 5454 www.wwt.org.uk

For a full list of attractions visit www.visitnorthumbria.com

Useful Information

If you're looking for a gentle stroll, a long distance walk or a heart-pumping adventure, the North East England countryside provides every opportunity for enjoyment and relaxation. This page offers basic guidelines for walkers in North East England, and provides details for further information and advice.

SAFETY INFORMATION:

Walking is one of the most accessible pastimes: you can safely walk in towns or easy countryside without any specialist clothing, equipment or skills. If you plan to go deeper into the countryside however, you will be more comfortable, safe and secure if you take a little time to prepare and follow a few simple rules. And if you intend to go into more remote and rugged countryside, good preparation and planning are essential.

■ GENERAL SAFETY RULES

Walking should present no serious problems even to a beginner, provided you follow a few simple rules.

- Don't risk tackling overly long or difficult routes
- Know where you are or have a map and the ability to read it
- On longer walks, be aware of "escape routes" in case you need to cut your walk short
- Make sure you have plenty to eat and drink and are adequately dressed for the length of time you'll be out
- Check the weather forecast before you set out, always take a waterproof and keep an eye on the sky
- Make sure someone knows when you expect to be back



For more information and practical advice on walking in North East England go to www.visitnorthumbria.com/walking, or The Ramblers' Association website on www.ramblers.org.uk/info

■ THE COUNTRYSIDE CODE

If you follow the Countryside Code wherever you go, you'll get the best enjoyment possible and help to protect the countryside.

- Be safe - plan ahead and follow any signs
- Leave gates and property as you find them
- Protect plants and animals and take your litter home
- Keep dogs under close control
- Consider other people

■ OPEN ACCESS IN NORTH EAST ENGLAND

The Countryside and Rights of Way Act 2000 is introducing new rights of open access to certain areas of land in England and Wales.



In the North East visitors can walk freely on mapped areas of mountain, moor, heath, down and registered common land, subject to some common sense restrictions. The new rights cover most recreational activities carried out on foot including walking, running, climbing, sightseeing, bird watching and picnicking.

Walking on access land is a very different experience to following public rights of way. It gives the opportunity to explore interesting features such as streams and hill tops, and decide your own route through some of the most beautiful and dramatic landscapes.

These areas are also rich in wildlife so with new rights come new responsibilities. It is important to follow the Countryside Code and any local signs which may limit where one can walk or take a dog.

For further information on areas covered by open access and details of any local restrictions visit www.countrysideaccess.gov.uk or call the Open Access Contact Centre on 0845 100 3298.

■ COUNTRYSIDE AGENCY

Tel: 0191 269 1600. Web: www.countryside.gov.uk

■ DURHAM HERITAGE COAST

Tel: 0191 383 3741
Web: www.durhamheritagecoast.org

■ ENGLISH HERITAGE

Tel: 0870 333 1181
Web: www.english-heritage.org.uk

■ ENGLISH NATURE - NORTHUMBRIA TEAM

Tel: 01661 845500. Web: www.english-nature.gov.uk

■ FARMERS' MARKETS

Web: www.northumberlandfarmersmarkets.org.uk

■ FOREST ENTERPRISE/ FORESTRY COMMISSION OFFICES

Tel: 01434 220 242
Web: www.forestry.gov.uk

■ GREAT NORTH FOREST

Tel: 0191 460 6200
Web: www.greatnorthforest.co.uk

■ HADRIAN'S WALL INFORMATION LINE

Tel: 01434 322 002. Web: www.hadrians-wall.org

■ HOLY ISLAND TIDE TABLES

Web: www.northumberland.gov.uk/vg/holyisland/

■ KIELDER PARTNERSHIP

Tel: 01434 220 616

■ NATIONAL TRAILS

Web: www.nationaltrail.co.uk

■ NATIONAL TRUST - YORKSHIRE & NORTH EAST

Tel: 01904 702021. Web: www.nationaltrust.org.uk

■ NORTHUMBERLAND COAST AONB PARTNERSHIP

Tel: 01670 534088
Web: www.northumberlandcoastaonb.org

■ NORTHUMBERLAND NATIONAL PARK

Tel: 01434 344 396
Web: www.northumberland-national-park.org.uk

■ NORTH PENNINES AONB PARTNERSHIP

Tel: 01388 528 801. Web: www.northpennines.org.uk

■ ORDNANCE SURVEY - FOR UK MAPS

Tel: 08456 050505. Web: www.ordnancesurvey.gov.uk

■ RAMBLERS' ASSOCIATION

Web: www.ra-area.org.uk/northumbria
Web: www.bigwig.net/nysdramblers

■ REGIONAL WEATHER FORECAST

Tel: 0906 8505 318 (calls cost 60p/min)

■ THE TEES FOREST

Tel: 01642 300 716. Web: www.teesforest.org.uk

■ THE WILDFOWL AND WETLANDS TRUST

Web: www.wwt.org.uk

■ THE WILDLIFE TRUST

Web: www.wildlifetrusts.org

■ TRAVELINE

Tel: 0870 608 2608
Web: www.traveline-northeast.co.uk

North East England has a wide selection of businesses that can help you plan your walking holiday, including guided walks, baggage carriers and walking holiday specialists. To find out how you can contact these businesses please visit: www.visitnorthumbria.com/walking

Tourist Information Centres

The people of North East England are famous for their friendliness, and you'll find lots of helpful advice on accommodation, attractions, transport and more at any one of the Tourist Information Centres here. Whatever you need to know to get more out of your stay, just ask away.

BRANCH:	ADDRESS	TELEPHONE:
ADDERSTONE	Adderstone Services, Adderstone Garage, Belford, Northumberland NE70 7JU.	01668 213678
ALNWICK	2 The Shambles, Alnwick, Northumberland NE66 1TN.	01665 510665
AMBLE*	Queen Street Car Park, Amble, Northumberland NE65 0DQ.	01665 712313
BARNARD CASTLE	Woodleigh Flatts Road, Barnard Castle, County Durham DL12 8AA.	01833 690909
BELLINGHAM	Fountain Cottage, Main Street, Bellingham, Near Hexham, Northumberland NE48 2BQ.	01434 220616
BERWICK-UPON-TWEED	106 Marygate, Berwick-upon-Tweed, Northumberland TD15 1BN.	01289 330733
BISHOP AUCKLAND	Town Hall, Market Place, Bishop Auckland, County Durham DL14 7NP.	01388 604922
CORBRIDGE*	Hill Street, Corbridge, Northumberland NE45 5AA.	01434 632815
CRASTER*	Craster Car Park, Craster, Alnwick, Northumberland NE66 3TW.	01665 576007
DARLINGTON	13 Horsemarket, Darlington, County Durham DL1 5PW.	01325 388666
DURHAM	2 Millennium Place, Durham City, County Durham DH1 1WA.	0191 384 3720
GATESHEAD (Central Library)	Central Library, Prince Consort Road, Gateshead, Tyne & Wear NE8 4LN.	0191 433 8420
GATESHEAD (Visitor Centre)	Gateshead Visitor Centre, St Mary's Church, Gateshead, Tyne & Wear NE8 2AU.	0191 478 4222
GUISBOROUGH	Priory Grounds, Church Street, Guisborough, Tees Valley TS14 6HG.	01287 633801

* Some TICs are seasonal so please check with each Centre for details.

HALTWHISTLE	Railway Station, Station Road, Haltwhistle, Northumberland NE49 9HN.	01434 322002
HARTLEPOOL	Hartlepool Art Gallery, Church Square, Hartlepool, Tees Valley TS24 7EQ.	01429 869706
HEXHAM	Wentworth Car Park, Hexham, Northumberland NE46 1QE.	01434 652220
MIDDLESBROUGH	PO Box 69, Middlesbrough Information Centre & Box Office, Albert Road, Middlesbrough, Tees Valley TS1 2QQ.	01642 729700
MIDDLETON-IN-TEESDALE	10 Market Place, Middleton-in-Teesdale, County Durham DL12 0QG.	01833 641001
MORPETH	The Chantry, Bridge Street, Morpeth, Northumberland NE61 1PD.	01670 500700
NEWCASTLE INTERNATIONAL AIRPORT	Tourist Information Desk, Newcastle International Airport, Newcastle upon Tyne, Tyne & Wear NE13 8BZ.	0191 214 4422
NEWCASTLE UPON TYNE (Quayside)	Guildhall Visitor Information Centre, Quayside Newcastle upon Tyne, Tyne & Wear.	0191 277 8000
NEWCASTLE UPON TYNE (Grainger Street)	Newcastle Information Centre, 132 Grainger Street, Newcastle upon Tyne, Tyne & Wear NE1 5AF.	0191 277 8000
NORTH SHIELDS	Unit 18, Royal Quays Outlet Shopping, North Shields, Tyne & Wear NE29 6DW.	0191 2005895
ONCE BREWED*	Northumberland National Park Centre, Military Road, Bardon Mill, Hexham, Northumberland NE47 7AN.	01434 344396
OTTERBURN	Otterburn Mill, Otterburn, Northumberland NE19 1JT.	01830 520093
PETERLEE	4 Upper Yoden Way, Peterlee, County Durham SR8 1AX.	0191 586 4450
ROTHBURY*	Northumberland National Park Centre, Church House, Church Street, Rothbury, Northumberland NE65 7UP.	01669 620887
SALTBURN-BY-THE-SEA	3 Station Buildings, Station Square, Saltburn-by-the-Sea, Tees Valley TS12 1AQ.	01287 622422
SEAHOUSES*	Seafield Car Park, Seafield Road, Seahouses, Northumberland NE68 7SW.	01665 720884
SOUTH SHIELDS	South Shields Museum & Gallery, Ocean Road, South Shields, Tyne & Wear NE33 2HZ.	0191 454 6612
SOUTH SHIELDS (Amphitheatre)	Sea Road, South Shields, Tyne & Wear NE33 2LD.	0191 455 7411
STANHOPE	Durham Dales Centre, Castle Gardens, Stanhope, County Durham DL13 2FJ.	01388 527650
STOCKTON-ON-TEES	Stockton Central Library, Church Road, Stockton-on-Tees, Tees Valley TS18 1TU.	01642 528130
SUNDERLAND	50 Fawcett Street, Sunderland, Tyne & Wear SR1 1RF.	0191 553 2000
WHITLEY BAY	Park Road, Whitley Bay, Tyne & Wear NE26 1EJ.	0191 2008535
WOOLER*	The Cheviot Centre, 12 Padgepool Place, Wooler, Northumberland NE71 6BL.	01668 282123

How to get to North East England



Getting to North East England is easy. Our central location on the east coast is well placed for visitors travelling from Continental Europe as well as the rest of England and Scotland. We're only 3 hours from London by train and a mere 40 minutes by air, and less than 2 hours from Edinburgh by train. Once you're here you could be a million miles away, with miles of golden sand and quiet country roads before you, and with our excellent network of public transport routes it's easy to travel from coast to countryside.

By Car

North East England has excellent motorway links and our picturesque roads make the car journey a pleasure.

By Rail

An easy and effective way to visit North East England.

■ GREAT NORTH EASTERN RAILWAYS

Tel: 08457 225225 Web: www.gner.co.uk
Text phone: 08451 202067

■ NATIONAL RAIL ENQUIRIES

Tel: 08457 484950 Web: www.networkrail.co.uk
Text phone: 0845 6050600

Once in the region, contact local rail operators.

■ THE METRO

Tel: 0870 608 2608 Web: www.tyneandwearmetro.co.uk

By Ferry

Ferries link to North East England from Holland and Scandinavia via North Shields International Ferry Terminal. Sailings are frequent and enable overseas visitors to bring their cars and tour North East England at their leisure. For sailing times, prices and offers contact:

■ DFDS SEAWAYS

Tel: 08705 333000 Web: www.dfdsseaways.co.uk

■ FJORDLINE

Tel: 0191 296 1313 Web: www.fjordline.co.uk

By Coach and Bus

A great way to reach North East England and very cost-effective.

■ NATIONAL EXPRESS TRAVEL ENQUIRIES

Tel: 08705 808080 Web: www.nationalexpress.com
Text phone: 0121 455 0086

By Public Transport

Once you are here, North East England is well served by local bus and train routes. For timetable information contact:

■ TRAVEL LINE NORTH EAST

Tel: 0870 608 2608 Web: www.traveline-northeast.org.uk
Minicom: 0870 2412216

By Air

North East England has two international airports - Newcastle and Durham Tees Valley - that handle flights into the region from the UK and European airports. Contact the airports for flight information.

■ NEWCASTLE INTERNATIONAL AIRPORT

Tel: 08701 221 488
Web: www.newcastleinternational.co.uk
Minicom: 0191 214 3333

■ DURHAM TEES VALLEY AIRPORT LTD

Tel: 01325 332811
Web: www.durhamteesvalleyairport.com

Staying in the Region

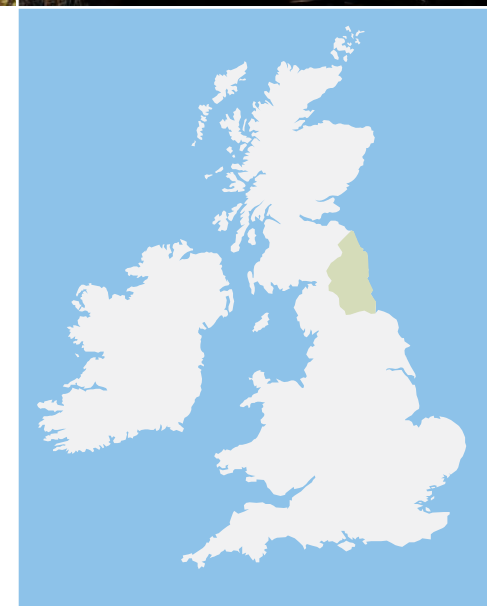
North East England is legendary for its friendliness and hospitality and you can always be sure of a warm welcome wherever you go. No matter if you're looking for the ultimate in luxury in one of the region's high quality hotels, or a good old fashioned traditional warm welcome in a family-run B&B, there is a wide range of accommodation to suit everyone. Alternatively if you want to get back to nature one of our many caravan and camping parks will appeal to you. Wooler, Rothbury and Alnwick in particular offer great bases for exploring, nestling conveniently between hills and coast. If however, you like to be thoroughly spoilt at the end of a day after indulging in one of our many walks, you'll find smart city or country house hotels are never far away.

Walkers Welcome Scheme



Look out for the logo which denotes accommodation committed to providing facilities and services for the walker. This may include drying facilities, facilities for cleaning boots and outdoor clothing, packed lunches and provision of information.

Discover the best places to stay and things to do by ordering your **Holiday and Short Breaks Guide** on 0906 683 3000 (Monday-Friday, 9am - 5pm, all calls charged at 25p per min and may be monitored) or by logging onto www.visitnorthumbria.com



One NorthEast Tourism Team, Stella House, Goldcrest Way,
Newburn Riverside, Newcastle upon Tyne NE15 8NY
Tel: 0870 225 0129, Fax: 0191 229 6201
Email: ttenquiries@onenortheast.co.uk

north east
england

The aim of this guide is to inspire a walking break in North East England. It is impossible to include every piece of relevant information in this publication, but you can obtain further details on walking in North East England by visiting our website www.visitnorthumbria.com/walking.

One NorthEast gratefully acknowledges the use of photography supplied by: Alex Telfer, Chris Auld, Mike Kipling, Graeme Peacock, Laurie Campbell, Roger Clegg, Allan McPhail, Philip Nixon and John Williamson, D Fleming, National Trust, The Forestry Commission, Charlie Hedley © Countryside Agency, David Tarn, John Donoghue, North Pennines AONB Partnership. Thanks also to all other individuals, groups and organisations who kindly contributed to this guide.

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